FOUR PATTERNS. Clinging Tailor **SKIRT,** Embroidered Key-Pattern **BLOUSE,** Pleated Autumn **COAT,** Girl's Autumn **OVERCOAT**

MYRA'S Journal

3D.

The Leader of Fashion.

Vol. XXXV. No. 10.

OCT., 1908.

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Myra's Journal.

OCTOBER, 1908.

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Special Autumn Fashions.

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NEWS FROM FASHION CENTRES.

FROM

VIENNA, PARIS, &c.

THE Directoire style is supreme this autumn, not only for evening and indoor purposes, but even invading the difficult barriers which surround the domain of the "tailor-made." All the more fashionable long and three-quarter length coats are very high-waisted at the back, and many are cut away in front to show a waist sash—quite in the style worn by the Directors of France just over a hundred years ago. In fact, some of the Directoire coats are almost slavish copies, with their long, slim, straight tails and very high rolled collar.

The Directoire gowns are very beautiful, with their long, clinging high-waisted skirts, high-waisted specially at the back, where the skirt is secured to the bodice to keep its place. Beautiful embroideries appear at their best on such gowns. The bodice part is less copied from the real Directoire gowns of 1795, because now the kimona type is still in favour, a cut of bodice unknown at the time. True, the pelisses were very long in the shoulder, but the shoulder seam was never absent, and the peculiar little armhole of the kimona bodice drapery falling *on* the sleeve was unknown. However, the different suggestions, belonging to different races and different epochs, combine into a harmonious and really beautiful whole.

Everybody knows that the Directoire and Empire modes were based on the classic Greek draperies. Hence the prevalence of the classic Greek patterns for embroideries, which are always called "key pattern" because its intricacies resemble greatly the more or less intricate wards of a key. The "key-pattern" is used for everything—for braiding, for embroidery, on skirts, blouses, mantles, &c. It is quickly done in braid or ribbon, and is always highly effective, and in the best taste.

The pélerines are also copied from the Directoire period. With the gown of this type this winter either a long or three-quarter Directoire coat will be worn, or else one of the new fur (or velvet) pélerines, short at the back but with long stole fronts. Two very good pélerines are shown on pages 3 and 11. Some of the fur pélerines have the short back draped into the waist beneath a bow drapery of the fur, the ends, like the long wide stole ends in front, tipped with tails. This last style is highly effective in ermine or sable, tipped with ermine or sable tails. The fur is cut away in deep points back and front, filled in with rich lace, dyed to match the fur, and laid over satin of the same colour. The mantle is then interlined with domet, and is lined with satin of a much paler shade.

It is a pity that the millinery is apt to be less graceful and tasteful than either coats, mantles, or gowns. The toques and bonnets of the Directoire period were, to use an artist's slang phrase, "holy terrors." Of abnormal length, or of stupendous width, the plumes were like palm trees. This ugly exaggeration is copied in only too many of the more expensive specimens of headgear. The plumes are beyond anything on many large hats—they are both enormously high and enormously voluminous. On the other hand, the large picture hats of velvet or satin, shaded with luxurious ostrich feathers, are quite beautiful, though they are, perhaps, too theatrical for the streets, and need a very fine figure to be carried off successfully, as well as a beautifully poised head and an elegantly arranged Directoire coiffure. A good example of this coiffure, by-the-bye, can be studied on page 6.

Velvet hats will be worn in large numbers, and hats will also be made in satin, stretched plainly on the brim, but draped as to the crown. In many of these models the brim is of soft, fine felt, and these brims are peculiarly graceful, as a first-class felt takes slight curves which the stiffer velvet, stretched on wire or light buckram, cannot match. There are felt hats to be had of all shapes, all sizes, all colours. A new fabric is "velvet beaver," something like the silky-pile "beaver" of some three years ago, but the pile is shorter, resembling velvet rather than plush. All these hats require plentiful ostrich plumes, which are dearer, but far more graceful and tasteful than the huge "made-up" feathers of voluminous proportions, which are apt to resemble those of a red Indian chief in full war panoply.

The favourite colours this winter are to be green and violet. All kinds of green will be seen, from the delicate pastel shades to cruder "Empire" green and dark bronze. Violet in more ways may be called the colour of the winter, and it has quite superseded the pretty brighter navy and Royal blues of the past two or three years. Tailor gowns of Directoire type are being largely made up in violet cloth or violet frieze. Brown is in favour, especially for Directoire coats, and a great deal of brown millinery is to be seen.

But perhaps the most fashionable shade is *groseille*—a ripe red "gooseberry" shade, which is very handsome. Coats and skirts of *groseille* cloth are embroidered with black silk braid, and have Directoire waistcoat and Bonaparte collar of black moire.

The flat coat sleeve is the favourite for ordinary tailor or high-waisted coats. This is rather a broad sleeve all the way down, and is fitted into the long shoulder of the coat utterly without fulness. It therefore requires very good cutting and fitting—the voluminous pleats of the "gigot" covers a multitude of sins in this respect. Most fur coats have this sleeve, though in some of the longer models the sleeve widens out below the elbow into a sort of bell sleeve, finished with a cuff.

Never have the fur coats been more handsome and attractive, whether short or long. Not many are being made to cease at the waist, the new pélerines superseding this style. On the whole, the favourite form is a sort of hip coat, very smart, semi-fitting, very neat, with long, flat coat sleeve and reefer collar. In caracul these coats are often bound with silk braid, in the style made so fashionable since the advent of the "man's coat" with rounded basques. There is generally a small waistcoat of braided cloth, but this can be dispensed with. Long seal coats are lovely, with the flat, well-cut coat sleeve (long) and very smart Directoire waistcoat of embroidered satin.

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A LESSON IN HAIRDRESSING.

THE NEW DIRECTOIRE COIFFURE.

THE Directoire styles have caught on, and have come to stay. Most of our smartest visiting and tea gowns are of this type, and evening gowns are practically *all* Directoire style, except short dance frocks—the Directoire skirt being not only soft and clinging, but of necessity also long and trailing, or all its beauty is gone.

With the Directoire evening or dinner gown, we must have a Directoire coiffure—that is imperative. Even with an outdoor Directoire gown or coat and with the big picture Directoire hat of velvet, the Directoire coiffure is the right style. So it behoves all girls and smart women to know how to dress their hair in this beautiful style.

A charming specimen of the Directoire coiffure is illustrated on this page. Few heads would not lend themselves to this same very graceful and distingué arrangement of the tresses, which suits alike brunette and blonde.

To arrange it, a fairly good head of hair is required, but it is a style which lends itself admirably to artificial aid. Is the front hair scanty? Then one of the beautifully made naturally waved hair "transformations" can be got for 30s., from the Universal Hair Co., 84, Foxberry Road, Brockley, London, S.E. This part of the hair, as shown in Details 1 and 2, supplies the soft waves on the top of the head, a few of the roll curls at the back of the head, and that pretty waved lock over the ear which crosses the net or muslin hair band, and forms on each side a curl to add to the bunch.

Is the back hair at all thin? Then it can be left for the locks at the nape (see detail 1), which form the lowest curls of the bunch, and the lacking bunch of curls can be supplied by the Universal Hair Company, in any size required, or in the form of separate Directoire "pin" curls (a puff of four comes to about 4s. 6d.). The Universal Hair Company has some wonderfully attractive "temple" curls, mere wisps of soft curling hair, to eke out sufficient hair that has an impaired "hair line" on forehead and temples.

Fig. 1.

Detail No. 1 shows how to commence building the coiffure. The hair is combed into three fairly even portions, as there shown. Twist up the front portion in three: round forehead and temples, and the two ear locks, to get it out of the way. The lock behind the ear should also be twisted up for the present, though it is left loose in the illustration to show its position and dimensions.

The New Directoire Coiffure.

Of course the natural hair should, first of all, be waved—especially the front and nape portions. Straight hair can be done this way, but it is less effective, and more thickness of chevelure is required. The centre portion of hair (on the crown) least requires waving, but the curls in the central bunch are more easily rolled up naturally and prettily if the ends are waved as shown. The waving is best done after the hair is completely divided, as shown in fig. 1.

Begin with the central portion—the hair on the crown of the head. This should make quite four curls on the crown (not too high, however). Then the waved front hair is turned back over a pad, letting it drop softly on the forehead. This part is decorated with a string of beads. The ends of the hair form the two (or three) topmost curls of the bunch. Then turn up the nape hair, the ends adding three (or four) curls below the bunch secured at the back of the head. The string (or another one) of beads decorates the back hair when turned up, but the beads can be omitted altogether (or in part) if preferred. Then twist round the head the wisp of muslin. Detail fig. 2 gives the coiffure at this stage.

Fig. 2.

The muslin can be metallic—like gold or silver—or it can be white, or of the gown colour, threaded with metal or sprinkled with sequins. The effect is better, and more in accordance with present tastes, if this wisp of muslin is shimmering. A ribbon could be used, but it is less pretty, and less in keeping with the style.

The last thing to do is to arrange the meshes of hair over the ears (see detail No. 2). This is combed back and secured over the wisp of muslin, and the end of the mesh forms a rolled curl. This mesh of hair, of course, is not a thick one, but it should be thick enough to hide the muslin over which it passes.

The whole coiffure can be done without a single pad by those who possess a good head of hair. It is not requisite—indeed, not in the style—that the front hair should stand up too high. The mere fact of waving fairly thick hair is generally sufficient, with no pad at all. The arrangement of the ear lock, over the muslin, puffs out that part of the coiffure sufficiently, especially if the hair is waved.

Excellent hair wavers can be had from the Universal Hair Co., (84, Foxberry Road, Brockley, S.E.), which, with transformations, pin curls, &c., will be sent on approval on receipt of a deposit which is, of course, returned if nothing is selected.

"Of all the ladies' papers that are published Myra is undoubtedly the very best."—M. H.

No. 7829.—A Pretty Autumn Frock.
(For outdoor or indoor wear.)
For Descriptions see Pages 30 to 36.
Price of Paper Patterns, Skirt, 1s. 0½d.; Foundation Skirt, or Bodice, each 6½d., post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.

No. 7830.—A Striped Skirt and Directoire Coat.

For Descriptions see Pages 30 to 35.

Price of Paper Patterns, Coat, 9½d; Skirt or Foundation Skirt, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane. E.C.*

EMPLOYMENTS FOR WOMEN

MIDWIFERY.

By O. K. Moore.

WHEN one reflects on the vast strides and improvements that have been made in almost all branches of nursing during the last decade, it seems impossible to realise that until the year 1902 any woman who chose might style herself a midwife and undertake to pilot her fellow-women through their confinements, her only qualification for such work often being that she had herself struggled through the pains and perils of childbirth, with the assistance of a neighbour, and successfully reared *some* of her progeny.

The "handy-woman"—as she was called—has at last fallen beneath the arm of the law, and since April 1, 1903, no woman in England and Wales may call herself a midwife unless she has qualified under the Midwives Act of 1902. Since April 1, 1905, no woman can be admitted as a midwife without examination by the Central Midwives' Board; and after 1910 no uncertified woman will be allowed to accept money for her services as a midwife, whether she use the title or not.

It was not until the Act of 1905 put an end to the regular and exclusive use of "handy women" that it was discovered how many mothers of the poorer classes had relied upon their help. The demand from country places for qualified district nurses immediately succeeded the supply. It also became necessary for every workhouse infirmary to possess a qualified midwife, as members of their regular nursing staff were now debarred from practising obstetrics until they had obtained the Central Midwives' Board certificate (known among nurses as the C.M.B.), no matter how large their previous experience or how successful their cases,

It is anticipated that in 1910 an even greater shortage will be felt, and it is partly for that reason that I recommend midwifery to those who are in search of a profession, more especially to those who are stranded with very slight means and the need for immediate employment.

The length of training varies from four to six months, according to the school selected; and, inclusive of every possible expense, should not cost more than £60.

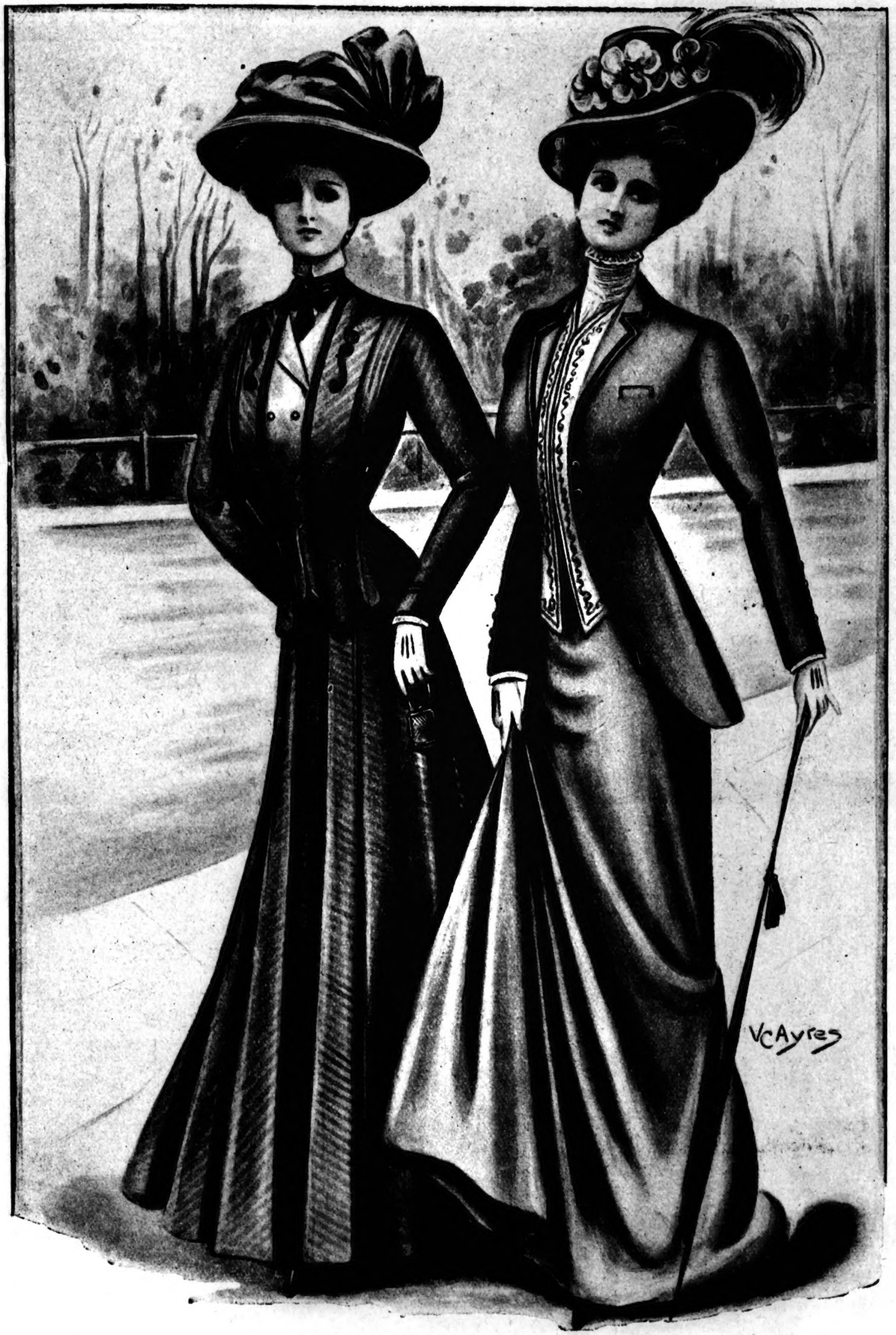
The oldest training school in London is Queen Charlotte's Lying-in Hospital, Marylebone, N.W. The course extends over five months and costs £35. It comprises the following:—

(*a*) Nursing in the lying-in wards under the superintendence of the matron and sisters.

(*b*) Conducting labours in the labour wards under the supervision and instruction of the resident medical officers and sister midwives.

(*c*) Attending labour cases in the homes of out-patients under the supervision of the out-patients' midwives and of the

No. 7831 No. 7832



TWO SMART AUTUMN GOWNS.

For Descriptions see Pages 30 to 36.

Price of Paper Patterns, Pleated Skirt, 1s. 0½d ; Skirt, Foundation Skirts, or Coats, each 6½d., post free, of Madame Myra, *10 and 11 Fetter Lane. E.C.*

No. 7833.—Smart Autumn Gown of Striped Velveteen.
For Description see pages 30 *to* 36.
***Price of Paper Patterns**, Skirt, Foundation Skirt, Blouse, or Kimona Overblouse, each* 6½*d., post free, of* Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

superintendent of the out-patient department.

(*d*) Lectures and bedside instruction by the physicians, the resident medical officers, the matron, and the superintendent of the out-patient department.

This course is specially adapted for candidates for the C.M.B. exams., and a separate certificate is granted by the hospital to satisfactory pupils.

The uniform, which has to be provided by the pupil, consists of four white piqué dresses, twelve white linen aprons, six white linen collars, six white linen cuffs.

Outdoor uniform is not compulsory.

Candidates may be single, married, or widows, and must not be under 23, or over 40 years of age.

The curriculum and regulations at Queen Charlotte's Hospital are representative of all the training schools, though each, of course, differs slightly.

An excellent training is given at the General Lying-in Hospital, York Road, Lambeth, S.E. Here the course is three months, and the fee £18 18s. The age limit is very wide—from 21 to 45 years.

At the City of London Lying-in Hospital, City Road, E.C., the fees are twenty-eight guineas for four months, with a deposit of two guineas, which is included in the fees.

An inexpensive training can be obtained through the Association for Promoting the Training and Supply of Midwives, Dacre House, Dean Farrar Street, Westminster, S.W., which is prepared to give assistance to suitable candidates.

The Zenana Medical Mission, Lupus Street, Westminster, offers special facilities for women who wish to go abroad.

Other good hospitals are: The Maternity Hospital, Loveday Street, Birmingham; The Rotunda, Dublin; The Edinburgh Royal Maternity and Simpson Memorial Hospital, and many others.

In addition to actual fees it must be remembered that there are books and instruments to be bought.

Washing, again, is a very heavy item of expenditure. The uniform costs on an average about £6, and, of course, there are many little incidental expenses which must be allowed for in making one's calculations.

When the training is complete, there are several courses open to the midwife. She may obtain a post on the staff of her hospital, or a similar institution; take up Local Government work in a Poor Law Infirmary; or she may adopt private nursing, which is the best paid branch of the profession, and, to many people the most congenial; or she may become a district nurse.

I am not going to say that district nursing is well paid. Considering the wide area she has to cover, and the conditions under which she often has to work, the district nurse's average salary of £1 per week is disgracefully inadequate; but there are a few advantages. In most districts she is allowed to take private cases so long as they do not interfere with her regular work; and it is surprising how many women whose circumstances just debar them from "Nurse's" free services prefer to pay her guinea fee

rather than employ the parish doctor in their confinements.

Again, living in the country is very cheap, and a cottage is often provided for the nurse. To a young widow with children, it is a great boon to be able at least to give her little ones wholesome air, and to ensure their safety from contaminating city influences.

Lastly, to the woman without encumbrances, and with a tiny income—say £30 per annnm—it is possible to be an untold blessing to her poorer sisters. There are many straggling country districts which cannot guarantee even £1 per week to the nurse, and where one doctor finds it almost impossible to cope with his widely extended duties. Only a woman with some means can afford to accept such a post, but if such a one will take that poor district she will find ere long that what she thought a sacrifice has become a blessing; that her knowledge and sympathy, her tact, and, above all, the sense of fellowship that her sex inspires will call forth such gratitude in those poor, forlorn mothers as shall repay her for the rest of her life.

USEFUL DETAILS FOR THE YOUNG HOUSEKEEPER.

For Illustrations, see page 40.

Incomes are not growing larger, and many is the gently nurtured bride who has to do all, or the greater part of her housework, in a small flat. Even those young wives who are better off, have plenty of cooking, dusting, &c., to see to, and therefore the question of working dress is an important one. Many young married women possibly go in for exact copies of a housemaid's dress in a pretty print which looks well. Others prefer to wear an ordinary morning home frock veiled with a pretty overall. These young wives will appreciate the long kimona overall, No. 7886, illustrated on page 40. It really is a pinafore. It can be left free at the waist, or be belted with a washing or ribbon girdle. It just fastens at the back with three buttons and buttonholes, and is simply hemmed. It is cut entirely in one piece out of Robinson and Cleaver's double width white pillow linen. It is a very smart and very new pinny, and could be prettily embroidered. It is smarter than the overall with long sleeves. Over-sleeves should be worn at work (see No. 7882), of the same linen, but easily slipped off if required. The sleeve is gathered on a tape runner above the elbow, the wrist being gathered into a doubled cuff, closing with buttons and buttonholes. Of the pillow linen patterns should be written for to Robinson and Cleaver, 40R, Donegall Place, Belfast.

The young housewife will also appreciate the linen pocket, No. 7885, which closes with a flap by means of a glove stud. It is secured to a belt of washing petersham which fastens round the waist with a buckle. Money for the bread, milk, &c., can be safe here, while bills and oddments can be collected in that nice little linen satchel with its simple tape or ribbon runner. Being of white linen, all these useful details for a young housekeeper can be kept perfectly clean and fresh by periodical tubbings.

No. 7883 is a belt of white linen, embroidered with Peri Lusta Thread, closing with a strong metal buckle.

No. 7884.—The New Fur Pelerine.

For Description see Pages 30 to 36.

Price of Paper Pattern, Skirt, or Pelerine, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

THE NEW OUTFITTING IN WHITE VIYELLA.

For Illustrations see Page 29.

SOME of the smartest and best style underwear this autumn is being made of cream or "snow" Viyella, daintily embroidered in cream or white Peri Lusta Thread, and trimmed with woollen torchon lace. Either the light, medium, heavy, or "crêpe" Viyella are employed (31-36-inches wide), the delicate serge-like Viyella being used generally for children's and infants' dresses, and blouses for ladies, while the heavy "tweed" Viyella (43-inches) is reserved for ladies' coats-and-skirts, children's coats, &c. In cream, this tweed Viyella is an exquisite material.

On page 29 is illustrated a beautiful set in cream medium Viyella. The garments are exquisite cut, and are characterised by the dainty embroidery on the yoke of the night-dress, on the fronts of chemise, combinations, and caches-corsets, carried out with cream Peri Lusta Jewel Thread. The drawers, under petticoat, and the legs of the combinations are decorated merely with featherstitching in the Peri-Lusta thread, and with insertions and edgings of cream woollen torchon lace. Elegant simplicity characterises this attractive set of underwear.

31 or 36-inch Viyella can be used. The wider material cuts, perhaps, to the best advantage. The nightdress takes some 6¼ yards, and the combination requires about 5 yards. 3½ yards will make the very pretty chemise, while the flounced petticoat can be got out of 7 yards. A choice of two cache-corsets is given, one with long sleeves. The long-sleeved model, by-the-bye, made in white lawn or glacé silk, is an admirable pattern for an underslip, to be worn beneath lace or any transparent blouses.

The well-cut combination and chemise are without fullness at the top. The gown has a yoke, but the Viyella front and back are not mounted into it with any very large amount of fullness. For the same reason the flounce of the petticoat is shaped, so that it is only cased into the lower edge of the petticoat. The Viyella can be cut away, if preferred, beneath the lace insertions, the edges turned in and feather-stitched very prettily. In all cases neck, armhole, frills, are edged with lace. The fitted necks of chemise, bodice, combination, and nightdress are drawn up with a white ribbon passed through worked slots cut in the Viyella. A Viyella band, worked with slots, forms a sort of cuff to the night-dress sleeve, threaded with ribbon and edged with a lace-edged Viyella frill.

Cream "tweed" Viyella makes lovely winter dressing gowns in the style of No. 7870. But as cream dressing gowns soil very easily the model illustrated was carried out in a soft Wedgewood blue "heavy" Viyella. The gown is of loose princess type with one side piece on each side, and with long sleeve, decorated with a feather-stitched cuff and collar. The large collar has a double fold of Viyella on the cross secured beneath its edge to simulate a triple pélerine. The lined belt is of the Viyella, or else a cord or ribbon girdle to match could be worn. Gown takes 10 yds. 36-in. Viyella.

No. 7835.—Pretty Dressing Jacket of Horrockses' Flannelette.

For Description see Page 28.

Price of Paper Pattern, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

Graphology Delineations.

All letters must be sent to "Graphologist," Myra's Journal Office, 10 & 11, *Fetter Lane, E.C.*

(1) To be delineated in these columns, *specimens of handwriting* must be received on or before the 25th of the month.

(2) Delineations will be given free if inserted in these columns. Readers desiring detailed postal replies must forward six penny stamps and a stamped addressed envelope, but in either case the coupon cut from the current number must accompany *every* letter.

(3) Letters must consist of not less than 100 words, copied matter and lined paper being inadmissible. The usual signature must always be given, but a nom-de-plume is also required for printed replies.

Lady Frederick.—Extreme caution is shown in this handwriting. You are candid and very honourable. The acumen and insight of this writer would make him a successful doctor. He is fond of sport, and has a liking for travel, particularly in the unbeaten tracts. Has a good share of personal dignity, and dislikes letting himself down.

Che sara sara.—This handwriting shows an ardent and impulsive nature, yet withal there is a good amount of caution that would make you consider well before undertaking any important events. The mind works rapidly, and at times you are apt to be impatient with others who cannot so quickly grasp things as you do yourself. You are kind-hearted and generous, and the pure form of the capitals shows you to have a great sense of all beautiful things: beautiful sunsets and scenery would all appeal to you strongly. Your ideals are high, and the will is very strong; but I do not think you would ever use it aggressively, in consideration of others' feelings. You would make a capital hostess; you have plenty of tact, and would be able to set your guests at ease. The wide spacings of the letters reveals a friendly and sociable nature.

Chinchilla.—The chief characteristic of this handwriting is its extreme impulsiveness, verging on excitability. You are extremely versatile, and are never at a loss to turn your hand to anything. I think, however, you would do well to try and concentrate and confine your energies to one or two particular things, otherwise this trait may lead to indecision and instability of purpose, and you might find it difficult later to make up your mind as promptly as you would like. You have vivid imagination, and are very vivacious; should have good taste in dress. You are reserved, and can keep your own counsel well, but should pay more attention to detail. The signature is good, showing generosity, intuition, and tact.

Patrick.—This specimen shows a kindly, generous nature. A sense of personal dignity and love of the beautiful is shown by the tall and simple curves of the capitals. You are orderly, and pay great attention to detail. You are very reserved, and have a strong sense of duty, which would cause you to force yourself to do things you do not always care about doing. You are intuitive, and would be a fair judge of character. The simplicity of the signature is very good, showing a refined nature, love of the beautiful, a firm will, and a dislike of all vulgarity and ostentatious display.

Singapore. — This handwriting shows a self-reliant and kindly nature, very honest and straightforward. A high sense of honour is also shown by the equi-distant lines of the writing. You are very reserved, and would always keep your own counsel. The will is strong, but you would never be aggressive in your views. You are intuitive, and have the rare gift of being able to see both sides of a question, and personal dignity is shown by the tall capitals. I do not think you care for many people, but once your friendship is given you would be very loyal and steadfast. The signature shows great clearness of ideas, artistic perception of beauty in form and colour, and a dislike of vulgar display and pretension.

Yes, Singapore has a great interest for me on account of the many friends who have stayed there at different times. I have asked Myra to remember you, so that you may even in winter numbers, find something suitable for the climate.

Hill of Howth.—This specimen shows great self-reliance and independence. You are very reserved, and would always keep your own counsel. Love of the beautiful is shown by the form of the capitals. You have a strong sense of colour, and should have good taste in dress. You can also appreciate the good things of this life. You are tidy and orderly, and pay great attention to details.

No. 7886 No. 7887 No. 7888

No. 7889

CHARMING BLOUSES FOR THE AUTUMN.

For Descriptions see Pages 30 to 36

Price of Paper Patterns, each 6½d., post free, from Madame Myra, *10 and 11, Fetter Lane, E.C.*

I should judge you to be fond of outdoor life, but not very much activity. The temper at times is apt to be a little impatient. You dislike all pretension and unnecessary show. You appreciate all refined and beautiful things, and beautiful colouring generally.

Aphelion.—The chief characteristic of this handwriting is the refined and sensitive nature it shows. You are very generous, and would always do all in your power to help others less fortunate than yourself. Very frank and candid by nature; yet there are occasions when you can be reserved. You are very intuitive, and this, with a certain acuteness of perception, should make you a good judge of character. The ambitions and ideals are high. At times there is a slight tendency to depression. You are extremely energetic, and have great tenacity of purpose and perseverance, so that you should certainly be successful in your undertakings. A love of harmony and music is shown, and I think you would do well as a teacher of music. A certain amount of caution is shown. The signature is good, showing acuteness of perception, clearness of ideas, and a very refined nature, and constancy in all your affections.

Mrs. M. P. (Hans Crescent Hotel).—This was sent for private delineation, but no stamps were enclosed, so am putting in Myra.

This writing reveals a highly imaginative and original temperament. You are excitable, and apt to be very irritable at times. You are generous, and possess a very large amount of insight into character, having a highly critical mind. You are exceedingly ardent and impulsive. You are very fond of society and all social life. This is shown by the excessively wide intervals in your words; in this case also separate letters. You would be fond of travel. I am afraid I cannot say that you have much determination. I think this is probably because you are so critical, that by the time you have decided all the "pro's" and "con's," your mind is in anything but a decided state. The signature shows a sense of personal dignity, very keen intuition, and much originality; in fact, you would never do or say anything in a conventional way.

Basil's Sister.—This handwriting is not fully developed yet, so that the characteristics are not so pronounced as they will be later on. Clearness of ideas, and ability to express yourself are shown. The clear forms of your capitals show appreciation of beauty and art. You are truthful and accurate, and take a pride in doing things to the best of your ability. You are very reserved, and also self-reliant. Fondness of outdoor life is shown.

Scarab.—This specimen shows originality and mental culture. On the whole you have a decidedly strong will, and yet at times you are apt to be a little indecisive on certain points. You are very reserved, and, I judge, subject to spells of despondency. Strive against these, as they might interfere with your success. I mean you might stop halfway, thinking you have not ability to go on, which is incorrect. I think you might try your hand at short stories; but they must be crisp, terse, and bright. You are cautious, and dislike waste. Versatile, which in your temperament is somewhat against concentration.

Piet Lun.—This handwriting shows great personal dignity and pride. You have vivid imagination and intuition, and are very original. You are kind-hearted, and have good power of penetration and observation, which would make you a good judge of character. You are very ardent and impulsive in temperament, but you are entirely lacking in force of will. Do try, by all means, to cultivate this, otherwise you will never really succeed in life. You have a very keen eye for the beautiful, and high ideals. You are constant in attachment, and affectionate in disposition.

Bingo.—A high sense of honour is shown in this writing. You are intuitive, and would take a pride in doing your work to the best of your ability; very truthful and accurate. You are hopeful, and your ambitions are high, so that you ought to do well. You are fond of harmony, and a good sense of colour and beauty is revealed. The signature shows decision, intuition, and a love of colour.

(Continued on page 46.)

No. 7840.—A Striped Autumn Gown.

For Description see pages 30 to 36.

Price of Paper Patterns, Skirt, or Foundation Skirt, each 6½d.; Overblouse, 3½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

Nos. 7841 & 7842.—A KIMONA COAT AND VELVET VISITING GOWN.

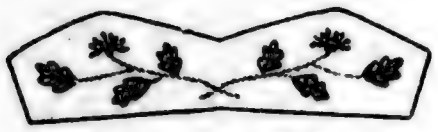
For description see pages 30 to 36.

Price of Paper Patterns, Pleated Skirt, or Coat, each 1s. 0½d.; *Skirt, Foundation Skirt, or Blouse, each* 6½d., *post free, of* Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

THE TRIUMPH OF THE KEY PATTERN.

By MRS. HAMER JACKSON.

IS it because the folds of our dresses have borrowed this style from the classical schools of the Greek history that the key pattern is now so fashionable? It is a question difficult to answer, for although one may follow, step by step, the trend of fashion, the subtle changes in trimming and decorations do not always correspond with the

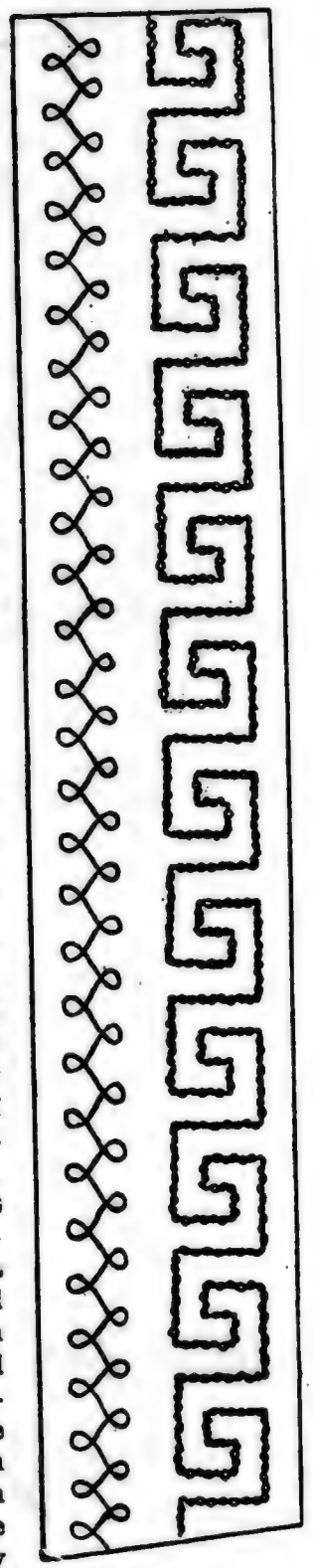


Embroidery for Cuff.

mood of Madame la Mode.

The key pattern, as a matter of fact has always been used more or less as a most decorative and refined design, which seems to retain within its regular outlines the severe yet artistic style of Cæsar's handsome robes, which it ornamented so well. To return to our present rage for the "Grecque," as it is called in French, a certainly more historical term than "key pattern," the coming winter bids fair to see the reproduction of the popular design in all sorts of embroideries, braiding, cording, &c.

As worked in our sketch, it is made most simply and quickly by laying on the outline, already traced by means of the transfer patterns, little tiny velvet ribbons caught up at regular intervals. This gives a handsome and raised effect which cannot be obtained by flat braid, although many are the designs worked with such a medium. In fact, patterns are kept in stock by embroidery houses for the special

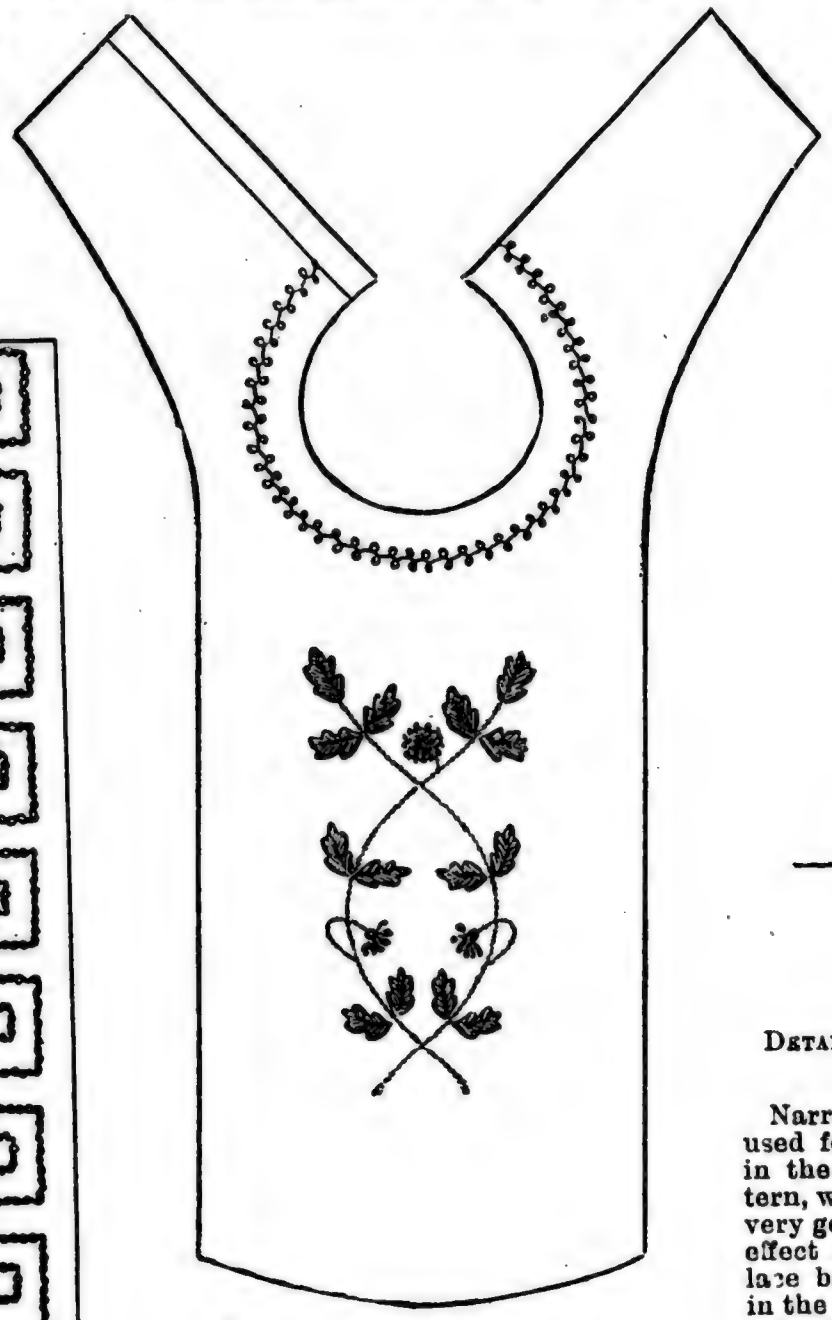


Embroidery for Bretelle.

working of this particular design, the regularity of which is absolutely necessary to ensure the correctness of the style.

Embroidery for Collar.

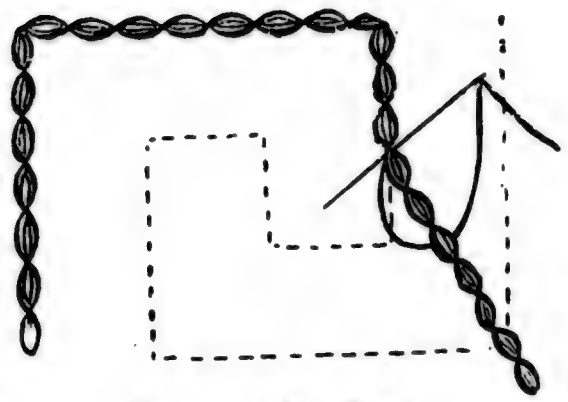
I have, however, seen lately a most ingenious embroidery of the key pattern,



Front and Neck Embroidery.

Full-size Transfers of the Embroidery (complete front and neck, two bretelles, two cuffs, complete collar), can be had, price 8½d., post free, from Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

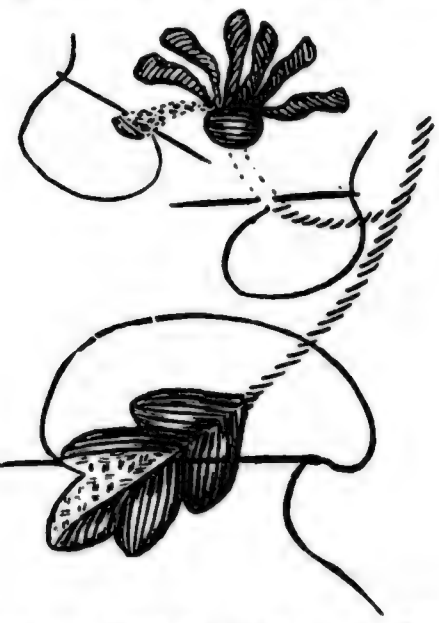
the outline being followed entirely by fine feather stitching. The work was, naturally, done in a very short time, and the result was most pleasing to the eye, especially worked in coarse Peri-Lusta thread over a rich velveteen material. The embroidery which adorns the front of the blouse represents a graceful design of chrysanthemums and acorns, the flowers lending themselves to a splendid display of artistic shading in any possible colours. The leaves, in any case, should be of different greens, as near nature as possible, choosing a woody tint for the stems. Both leaves and flowers are embroidered in satin stitch,



Detail of Key Pattern.

using stem stitch for the stalks and stems, the effect of the embroidery being very much enhanced if the flowers have been previously padded with darning cotton to give them a raised appearance.

The pretty scroll work round the neck and outlining the bretelle may be done in soutache work with the aid of a fine silk flat braid, or in very fine chain stitch.



Details of Flower, Leaf, and Stem Embroidery.

Narrow *bébé* velvet ribbon may also be used for the purpose, being couched down in the same way as shown in the key pattern, whilst feather stitching also gives a very good result, a most artistic and dainty effect being obtained by using pompadour lace braid stitched down by French knots in the centre of each little lace oval.

Both cuff and neck band can be embroidered to match, whilst, when possible, a skirt should be made to match the same design as on the braces, thus forming a most handsome and elegant gown, the trimming of which would cost very little indeed, the value being mostly in the work, which can be done at home by any woman possessed of deft fingers and artistic taste.

In case any of my readers would like to know how the original was worked, I am giving the colours used for what resulted in a beautiful model.

Velveteen ("Louis") in a rich dark brown, velvet key pattern embroidered in couched velvet ribbon of a darker shade; the scroll work was done in the pompadour lace braid mentioned above, in tiny medallion shape, each oval being stiched down in copper-colour Peri-Lusta thread, shade 330. Chrysanthemum flowers were embroidered in five shades of terra cotta from 327 to 231, sage greens shade 186-188 and 190 being used for the leaves.

"I have taught myself dressmaking from your very valuable paper."—A. R. W

No. 7843 No. 7844 No. 7845

Nos. 7846 & 7847 No. 7848 No. 7849

AUTUMN CLOTHES FOR SCHOOLGIRLS.

For Descriptions see Pages 30 to 36.

Price of Paper Patterns, Skirts, Coats, Blouses, Frock, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 7850.—A New Motor or Rain Coat.

For Descriptions see Pages 30 to 36.

Price of Paper Pattern, 1s. 0½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 7851 No. 7852

No. 7853

A COOL MORNING GOWN AND DINNER JACKET FOR OUR OVER-SEAS READERS.

For Descriptions see Pages 30 to 36.

Price of Paper Patterns, Skirt, Blouse, Coat, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 7854

No. 7855

A DIRECTOIRE TAILOR GOWN AND A NOVEL KIMONA PELISSE.

For Description see Pages 30 to 36.

Price of Paper Patterns, Pelisse, 1s. 6½*d.; Coat, Skirt, Foundation Skirt, each* 6½*d., post free, from* Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

No. 7856 No. 7857

No. 7858

SMART AUTUMN MILLINERY.

For Descriptions see Pages 30 to 36.

No. 7859 No. 7860

No. 7861

LOVELY KIMONA BLOUSES MADE UP OF SALE REMNANTS OF LACE.

For Description see pages 30 to 36

Price of Paper Patterns, Blouses, Skirt, Foundation Skirt, each 6½d., post free, of Madame Myra, *10 and* 11, *Fetter Lane, E.C.*

No. 7862. — A BEAUTIFUL TEA GOWN IN LEWIS'S "WONDERFUL" VELVETEEN.

For Description see Pages 30 to 36.

Price of Paper Pattern, 1s. 6½d., *post free*, *o*, Madame Myra, 10 *and* 11, *Fetter Lane*, *E.C.*

No. 7863 No. 7864 No. 7865

LOVELY DIRECTOIRE EVENING GOWNS. PRINCESS DRESS IN LOU

For Descriptions see Pages 30 to

Price of Paper Patterns, Princess Gown, 1s. 6½d.; Mantle and Directoire Skirts, each 1s. 0½d.; Foundation Sk

No. 7865 No. 7866 No. 7867 No. 7868

GOWNS. PRINCESS DRESS IN LOUIS VELVETEEN. AN ARTISTIC EVENING WRAP.

For Descriptions see Pages 30 to 36.

antle and Directoire Skirts, each 1s. 0½d.; Foundation Skirts or Blouses each 6½d., post free, of MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

DESCRIPTIONS OF THE FREE PATTERNS.

[Note.—Our Free Patterns, presented with each number, are always cut *stock size* for ladies: Skirts, 40in., front length (except for trottoir, when length is only 38in.); waist measurement (skirts, coats, blouses, &c.), 24in. Children's patterns are cut the recognised stock size for the ages quoted in the description. *No* turnings are given.]

CLINGING TAILOR SKIRT.

THIS beautiful skirt, of new, clinging type, is one of the novelties of the autumn and winter, when Directoire styles will be supreme. The pattern of the skirt is in three pieces—one back, one side, half the front. The breadths are beautifully shaped. This skirt would look lovely in white, braided with fine gold or white silk braid. The diagram shows the pattern pieces laid on 4¼ yards 48-inch material, which is opened out and is double beneath the side and back patterns, so that each is cut in duplicate. Choose a cloth—fine and soft—or cashmere which is *reversible*, as, if the breadths cannot be cut one within another there is a good bit of waste—unless added corners are seamed on, and this rather spoils the skirt. Choose a very soft material, as the blouse should be in the same fabric for a lovely complete indoor gown. The single material is folded over (selvedges meeting) for the tablier, the front centre of which is laid along the fold.

Tack the gores together according to the notches, leaving the opening in the back seam. The right turning of this opening should be very neatly stitched down and closed with a few glove stud fasteners over a fly lap seamed to the left opening. The top is arranged into a ribbon fitting the waist. The fit should be very smooth, but not tight enough to wrinkle.

Turn up the lower edge over a shaped band of lino, wide enough to take the braiding, and fell the hem invisibly (the French hem) at the back. The beautiful key pattern embroidery can easily be adapted from the transfers sold for the embroidered blouse. Cover the lino with a band of the silk matching the material. Wear over a very neat fitting silk foundation skirt.

Shortened, this skirt makes a capital trottoir or walking skirt, for serge or cloth, to wear with the Free Coat Pattern, braided to match the coat.

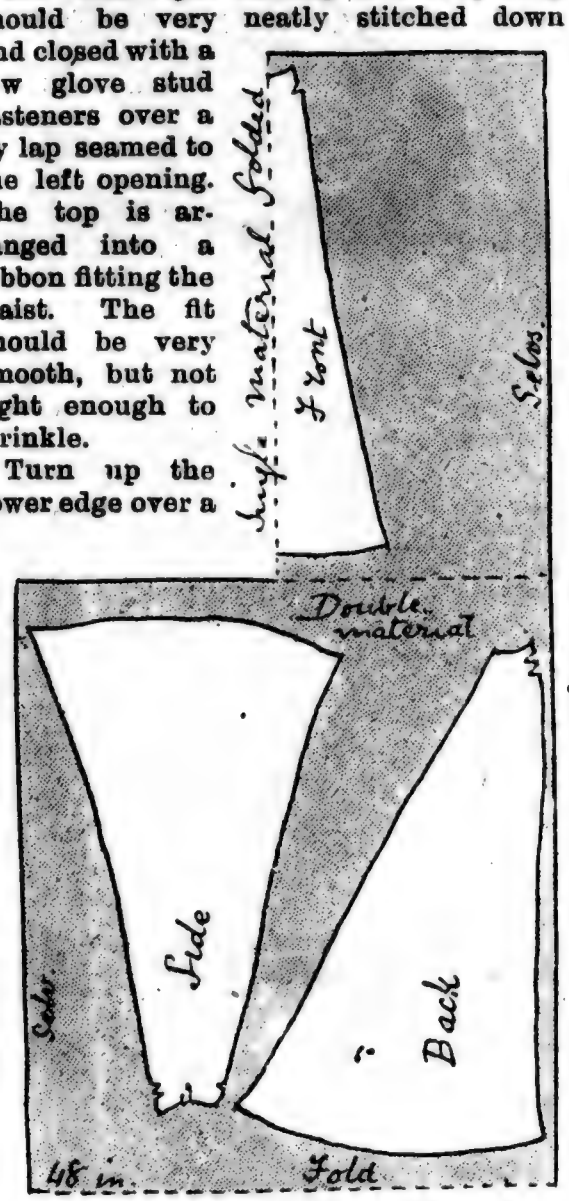


Diagram of Free Skirt Pattern.

EMBROIDERED KEY PATTERN BLOUSE.

This should be of the skirt material, or could be of any transparent fabric to wear with a long, black silk skirt (cut on the Free Pattern just described). For details of the beautiful embroidery see page 16. The pattern is in five pieces: half the front and one back cut in one piece, half the collar, one sleeve, one sleeve lining, one cuff. This blouse looks beautiful in white cashmere, embroidered with a fine silk braid on front, neck, cuff, collar, and bretelle. The bretelle is a straight piece of material, 37 inches long and 6 inches broad. Full-size transfers for the embroidery can be obtained from Madame Myra, price 8½d. post free, including two bretelles, two cuffs, complete front and back, complete collar. The embroidery across the sleeve is optional. It can be adapted from the curl portion of the bretelle embroidery.

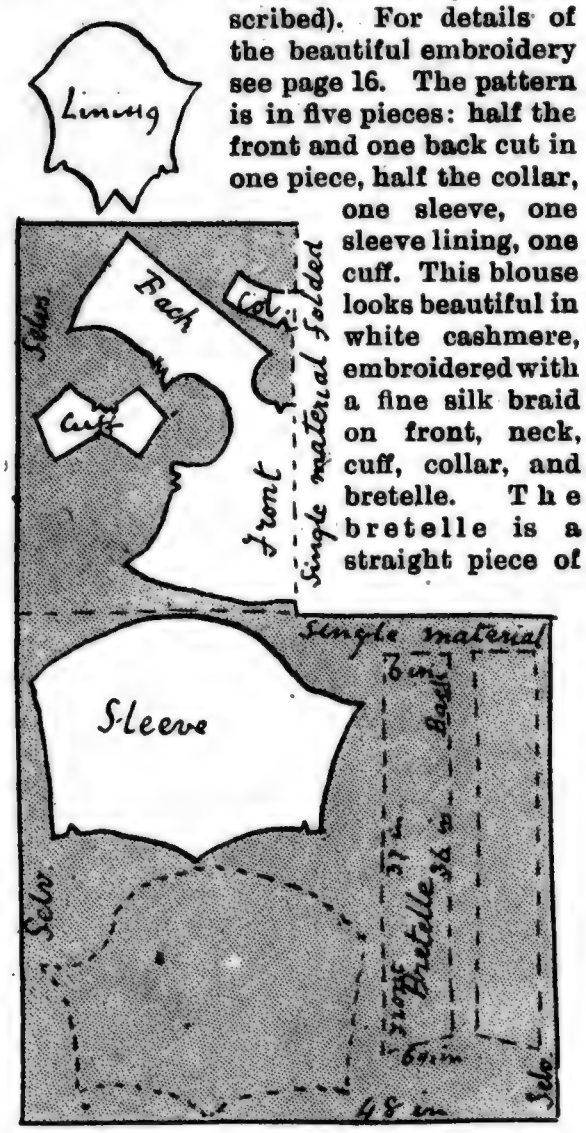


Diagram of Free Blouse Pattern.

The diagram shows the pattern pieces laid on 2½ yards 48-inch material, which is single, the material folded over (selvedges meeting) beneath blouse, collar and cuff pattern, front centres of collar and blouse laid along the fold so that the blouse and collar are cut each in one piece, the cuff being cut in duplicate. On the single opened-out material is marked off the duplicate sleeve and the two bretelles.

Embroider blouse, bretelles, cuffs, collar. The embroidered parts should be mounted on muslin, to support the embroidery. Tack together side seams of blouse and try on. Sew the seams and hem the basque. Hem the backs and sew on the small hooks and worked loops. Put on the embroidered collar which hooks at the back. Arrange the sleeve on the lining. Mount with the embroidered cuff and sew the seam. Arrange the sleeve in place on the wearer, binding the stitched seam with sarsenet.

PLEATED AUTUMN COAT.

This smart little French model has the same sleeve (with lining and cuff) as was used for the blouse just described. It is the third of our trio of beautiful patterns for two entire costumes. The pattern is in four pieces: one pleated front, one front centre, one pleated side, one back. The entire sleeve is cut on the corresponding pieces given with the blouse pattern. The back and front seams are lapped, this lap being given in the pattern, the pleats being shown by the jagged outline in the pattern and dotted lines in the diagram. When the lapped seams are arranged, the under part of the lap will need cracking with the scissors to lie quite smoothly on the figure in fitting. The diagram shows the pattern pieces laid on 3 yards 48-inch material, which is opened out and is double beneath sleeve, cuff, and front patterns, so that each is cut in duplicate. The single material is folded over (selvedges meeting), back centre laid along the fold, so that it is cut in one piece, the side and front centre being cut in duplicate.

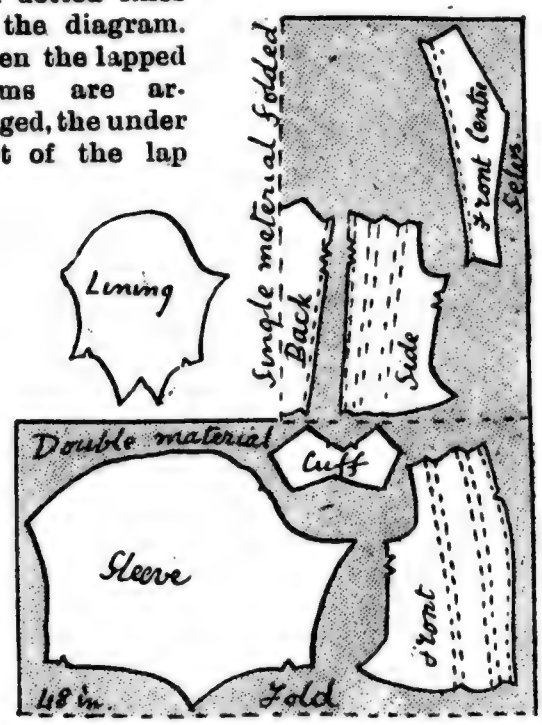


Diagram of Free Coat Pattern.
(Sleeve, Cuff, and Sleeve Lining are cut on those patterns given for the Blouse.

Arrange the lapped seams and pleats. Tack the under-arm and shoulder seams and try on. Stitch seams and pleats. The

"I think your Free Patterns this month are just lovely—far superior to any other journal."—Mrs. F. E. W.

shoulder seam is covered with a straight stitched strap, the mitred end of which is secured on the sleeve with a button. The neck of the coat is decorated with a collar of striped silk, cut on blouse pattern, seamed at the back where the stripes should meet in V points. The edge of the silk is covered with a pretty simple braiding (silk braid) matching the serge or cloth in colour. The skirt should be braided to match. The cuff, faced with the striped silk, is also braided. The skirt is cut on our Free Pattern, shortened to trottoir length.

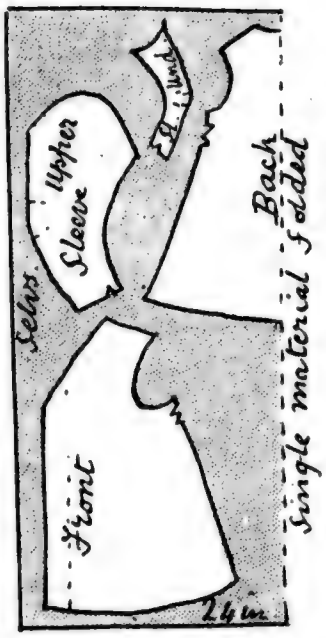


DIAGRAM OF FREE OVERCOAT PATTERN.

The coat has the fronts faced with the material, cut on front centre pattern. Line the rest with silk cut on the coat pattern after pleating it, seaming the lining apart and slipstitching the edges to the stitched coat edges and facings. Put on straps and belt. There is plenty of "waste" for these straight bands (with mitred ends), which should be interlined and stitched. The coat closes with buttonholes (made in left front) and the small metal buttons which secure belt and straps in place. The braided neck and cuff should be interlined with lino. The sleeve is made up as described for the blouse and is seamed into the armhole in the same way, except that the armhole lining is felled over the seam instead of binding it.

AUTUMN OVERCOAT FOR A LITTLE GIRL.

The pattern, cut for a girl of eight, is in four pieces: one front, half the back, the upper and under of one sleeve. The coat is double-breasted. It closes over on the

No. 4.—GIRL'S AUTUMN OVERCOAT.

Nos. 1 and 2.—CLINGING TAILOR SKIRT AND EMBROIDERED KEY PATTERN BLOUSE.

No. 3.—PLEATED AUTUMN COAT AND FREE SKIRT SHORTENED.

Our Four Free Patterns.

(For Descriptions see Pages 26. to 28.)

left with hooks and worked loops, the right front decorated with tasselled passementerie buttons. The side seams are left unsewn for a few inches, the whole edge and neck being prettily braided. The diagram shows the pattern pieces laid on 2 yards 48-inch cloth, which is folded in half (selvedges meeting), back centre of back pattern laid along the fold so that it is cut in one piece, the other pieces being cut in duplicate.

Tack together back and fronts. Try on. Stitch and press the seams. Turn up the edge all round over a band of lino, which is wide enough to support the braiding. Sew on the hooks and worked loops, interlining the fronts with thin tailor canvas. Cut a lining on coat pattern; seam and press it. Slipstitch it in place, hiding beneath its edge the tails of the hooks. Put on the tasselled buttons.

Tack the sleeve, gathering the elbow of the upper into the smaller under between the dotted lines. Try on. Stitch the seams. Braid the wrist. Line the sleeve. Stitch the sleeve into the coat, felling the armhole lining over the seam. The coat should be lined with silk.

Any nice cloth, good class serge or tweed, or pretty coating makes up nicely into this smart autumn overcoat. Messrs. Lewis, Market Street, Manchester, have admirable and inexpensive materials for the purpose.

Practical Dressmaking for Home Workers.

KIMONA BLOUSES MADE UP WITH SALE ODDMENTS OF LACE.

For Illustration see Page 22.

OUR READERS, I am sure, will be delighted with our three suggestions (see page 22) for utilising pieces of lace net, lace insertion and flouncings of various widths and styles to fashion very smart kimona blouses. The lace is put together on the flat pattern, and home workers should commence by cutting out the entire pattern (we give only half) in firm paper, then fitting their lace pieces into each other upon the pattern. There is no shoulder seam, and the seam under the arm (including that of sleeve) should be made when the blouse is practically complete, but for collar and cuffs. Each blouse fastens down the back. Judgment must be used, of course, in getting laces of similar tints, or two contrasting tints, and in arranging them symmetrically and tastefully. Blouse No. 7861, except for collar and cuffs, is entirely in one piece; the other two blouses have patterns of yoke, sides, and sleeves in one, the full front and the back patterns being separate because of the fulness.

No. 7860 shows the worker clearly how the blouse is made up. The yoke front is filled in with a piece of filet net, passing over the shoulders. Beneath a band of beading the full front and backs of fine lace net are arranged. Then a piece of broad filet flouncing forms the shoulders and sides, the scallops lapped over the yoke and the full front and backs. Another piece of the same flouncing forms a sort of epaulet over the net sleeve, which is, with the epaulet, secured to the heading of the shoulder lace beneath a band of beading. Of course, delicate lace braid beading should be used.

Filet net insertion forms the collar and cuffs. A different insertion could be used for collar and cuffs, like guipure; and the yoke could be of a different lace to the shoulder and epaulet flouncing. The epaulet could be of a narrower flouncing, as it simply hangs over the lace net sleeve. If preferred, tucked chiffon could replace the lace net for front, backs, and sleeves. Or floral muslin could be used. There is no end to the taste and ingenuity which could be brought into play.

The work of fitting in and securing the "oddments" is most fascinating. It is real "fancy" work, but, unlike many types of fancy work, has an end of real utility.

No. 7859 is made up in much the same way, the sleeve in this case being made up of lace net and flouncings very prettily spliced into one piece. A good many different laces are employed for this dainty blouse.

No. 7861, entirely in one piece (but for collar and cuffs), is chiefly made up in filet lace net, but the yoke could be of a different lace to sleeve and chief part of blouse. Plain filet net forms the decorative band, embroidered in key pattern with the gold braid which edges the net band.

MYRA'S EMBROIDERY TRANSFERS.

These excellent full-size Transfers of Embroidery designs which we publish monthly are only printed in BLUE. For dark materials, instead of "ironing off" the design on the fabric, tack the transfer in place and work OVER it, tearing away the paper when the embroidery is completed.

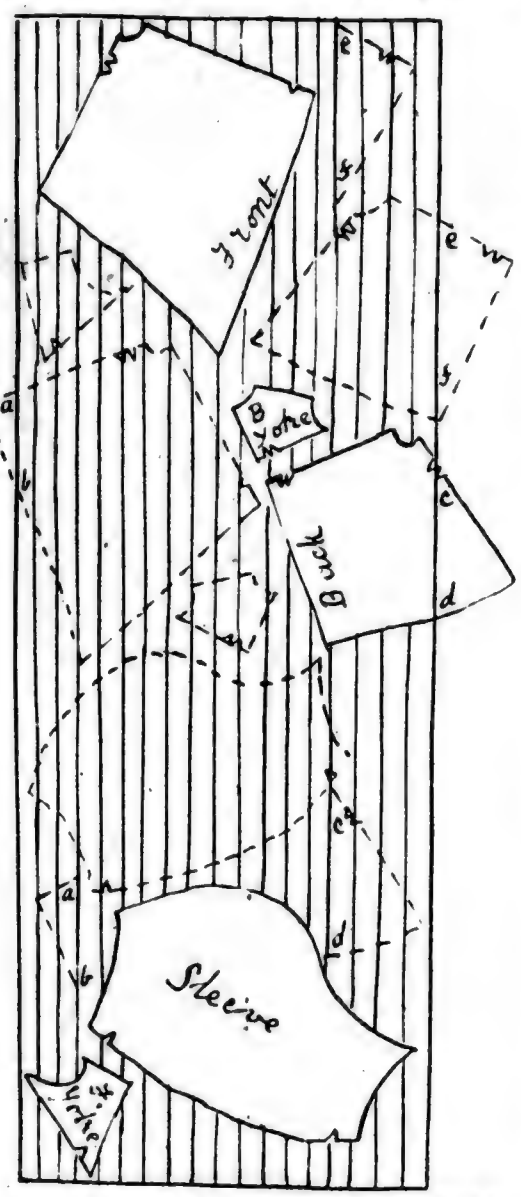


DIAGRAM OF DRESSING JACKET PATTERN.
For illustration see page 12.

A PRETTY DRESSING JACKET OF HORROCKSES' FLANNELETTE.

(For Illustration, see Page 12.)

This model is both useful and pretty, and it washes to perfection, trimmed with washing galon (matching the stripes of the flannelette).

The pattern is in six pieces: one front, half the back, one front yoke, half the back yoke, one sleeve, one sleeve lining. The material is cut on the cross, the pattern pieces being laid on the 36-inch fabric (3 yards), as shown in the diagram. Leave very good turnings for the hems of the fronts. Only the yoke and sleeve are lined. The yoke lining, cut on the yoke pattern, comes out of the "waste" in cutting, but a lighter lining, like batiste, should be used for the sleeve.

The diagram shows the pattern pieces laid on 3 yards 36-inch striped flannelette, which is opened out, and is single, the pattern pieces laid on the cross of the material, the duplicate pieces marked out on the material. As it is quite easy to add corners on striped material without the seams showing (if stripes meet neatly), corners are seamed on to both backs and one front at *e f*, *c d*, *a b*. Hence the short length of material required. Another 2 yards would be required if these seamed on corners are objected to, and this means a great deal of waste.

Tack together fronts and back. Tack together back and fronts of yoke; gather the fronts and back of jacket into the yoke, according to the double and single notches, and try on. Sew the shoulder and double-notch seams under the arms (run-and-fell seams). Hem the jacket's lower edge. Sew in the gathers and fell the yoke lining over the seam, stitching it down well. Turn in the neck. Put on the galon. This galon follows the shape of the yoke, but, instead of completely outlining the armhole, that curve is modified, the galon being brought a little more to the front centre to improve the figure. Hem the fronts and put hooks and worked loops on the yoke hems.

Seam sleeve and lining apart. Arrange the edge of lining into a band of the batiste, and arrange the sleeve into a lined band of galon. The two bands are then merely tacked together for the convenience of washing (a lined sleeve is apt to wash badly, and it does not take a minute to tack the two bands together again after each washing). A piece of coarse lace edges the galon cuff-band. The sleeve is gathered on to the lining top, and both sleeve and lining are stitched together into the yoke, the seams being then bound for neatness.

"I think it (the embroidered blouse) quite the prettiest of the kind I have seen.' —N.B.

No. 7869 No. 7870 Nos. 7871 & 7872

No. 7873 No. 7874 Nos. 7875 & 7876

BEAUTIFUL UNDERWEAR IN EMBROIDERED WHITE VIYELLA.

For Descriptions see Page 12.

Descriptions of the Illustrations.

The New Velvet Mantelet.

No. 7828, Very smart model. The pleated
Page 3. back and fronts (pleats wheel-marked on pattern) are arranged into a folded belt, from which hang a short pleated back basque and two long front ends. The pleats of basques are secured inside as far as the fur band, lined with thin silk. The Kimona sleeve is crenulated and edged with fur. Beyond the upper fur shoulder strap the fronts and neck edge are beautifully braided. Fur boa. to cover the rather low-cut neck. 20-inch velvet, 6 yards. Line with silk, the edges of the velvet supported by a narrow interlining band of lino.

A Pretty Autumn Frock.

No. 7829, For indoor or outdoor wear, made
Page 7. of good Admiralty Serge (patterns can be had from any draper). Eight-gore skirt, the five front seams decorated with inlet pleats cut with those gores. These pleats are wheel-marked on the pattern. There is a seam at back and front centres. Five rows of very narrow braid trim the skirt, which has the hem felled on a band of lining which helps to support the braid. Wear over a separate foundation skirt. Smart blouse of the serge, pleated back and fronts (pleats wheelmarked), with added front centre, which closes in the pleat on the left under the sailor collar. The front is prettily braided. The one-piece sailor collar is edged with braid. Use black silk braid (narrow) on navy serge. Tie of navy silk ribbon. One-piece sleeve on a smaller lining, with braided cuff. Wear with detachable *lingerie* chemisette. Cuff and collar are faced with navy silk. 48-inch serge, 7 yards.

Striped Skirt and Directoire Coat.

No. 7830, Directoire skirt in two gores, cut
Page 8. in striped green silk-and-wool material, cut on cross, seamed back and front. It is slightly draped on a corselet lining, top being veiled by a belt of plain silk. The material is made wide enough by adding pieces seamed up the selvedges, stripes meeting nicely. Skirt is hemmed invisibly from the back. Beautiful coat of cloth to match stripes. The back is short-waisted, and the basques descend in a handkerchief point. The fronts close on the bust over a waistcoat of plain silk, which is veiled with a jabot of lace. The coat is beautifully braided. The revers, faced with striped silk, are cut with fronts. The revers of the Bonaparte collar are faced with the striped material. Line coat with silk cut on coat pattern, but seamed apart. Support the braided edges of revers with an interlining of fine lino Gigot sleeve with striped cuff. 42-inch striped material, 5 yards; 52 inch plain cloth 5 yards.

Original Tailor Gown of Striped Tweed.

No. 7831, Seamless pleated umbrella skirt,
Page 9. cut very circular, taking the width of the striped fabric for the length of the breadths, unless the new stripes (running *across* fabric) can be secured. This brings the front centre with stripes *horizontal*. The pleats (wheel-marked on pattern) are stitched down for a few inches. When not wide enough, seam breadths together, the stripes made to meet. Wear over the five-gore foundation skirt of silk moirette or sateen. Smart little coat—a back, six sides, and two two-piece fronts, the stripes beautifully arranged. Coat has scalloped basques, front and back, edged all round with silk braid. The shoulders are prettily braided. Waistcoat fronts, double-breasted, closing with buttons and buttonholes, of white faille, with revers collar. Line coat with white glacé, cut on coat pattern but seamed apart. Two-piece flat sleeve, decorated with braid. 48-inch material, 8 yards.

A Smart Tailor Gown for Early Autumn.

No. 7832, Seven-gore skirt of French serge
Page 9. or cloth, fitted above, fluted below the knees. Wear over a five-gore foundation skirt.

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No. 7877.—Autumn Tailor Gown in Striped Tweed.

For Description see Pages 30 to 36.

Price of Paper Patterns, Skirt, Foundation Skirt, or Coat, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

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No. 7878.—Embroidered Directoire Gown.

For Description see Pages 30 to 36.

Price of Paper Pattern, 2s. 0½d., post free, of Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

Close in left tablier seam. Invisible French hem which is lined with lino. Smart coat—two backs, four sides, and two one-piece fronts. Coat closes with metal buttons and buttonholes, the fronts faced with the serge. Waistcoat fronts, closing edge to edge with hooks and eyes, of white silk, lightly braided. Line coat with white Shantung cut on the coat pattern but made up apart. Two-piece flat sleeve, decorated with buttons. Neat little breast pocket on the left front. Reefer collar and revers have braided serge facings. 52-inch material, 7 yards.

Smart Autumn Gown of Striped Velveteen.

No. 7833, A one-piece seamless skirt cut
Page 10. on cross at back seam, on straight in front, the velveteen seamed up the selvedges to provide sufficient width. Take care in seaming that the velveteen is not reversed—the pile should feel *rough* if smoothed downwards—and that stripes meet nicely. Fell the hem over a band of lino. Decorate in a sort of large key-pattern with light passementerie. Wear over a foundation skirt. Overblouse is seamed on shoulder, cut on cross. It is arranged in box-pleats secured inside on the shoulders. The seam is partly covered by passementerie. Arrange into a basque of silk. The Kimona sleeve is edged with passementerie. Belt of satin, arranged on bones, with tasseled bow in front. Lovely blouse of fancy white silk, tucked back and front into a tucked yoke, the tucks held with rows of lace. Rucked tight sleeve of the silk, very long. Tucked band collar (tucked to flat pattern). 24-inch velveteen, 12 yards.

The New Fur Pélerine.

No. 7834, Of caracul edged with ermine, the
Page 11. back and stole fronts tipped with tassels. Lined with white satin mounted on domet. Looks beautiful in Velours du Nord, plain or embroidered with silk braid, edged with sable, ermine, &c. The new use of heavy silk fringe to tip back point and front stoles is to be noted.

Blouse of Fancy Silk.

No. 7836, Backs and front (pleated) are cut
Page 13. in one piece (pleats wheelmarked on pattern). There is a yoke back and front decorated with strappings of the silk. One-piece gigot sleeve, decorated with a silk strap. Collar of the silk, with French collar of batiste. Blouse closes at back. Black satin ribbon tie. 22-inch silk, 4 yards.

Blouse of White Shantung.

No. 7837, Lovely blouse; cut a lining in
Page 13. white silk to close at the back; veil top with front and back panels of folded muslin and lace. On this mount the kimona of the shantung, in two pieces, draped on shoulder, hemmed with velvet. The model is beautifully draped, decorated with velvet buttons. Band collar of folded muslin. Fold vest and collar to flat patterns. 32-inch shantung, 3 yards.

Another Blouse of Shantung and Velvet.

No. 7838, Kimona front and backs, cut in
Page 13. one with sleeve, There is a smart strap of velvet down the shoulder seam, and round the low neck. Vest, back and front, made up with rows of Valenciennes. Band collar, made up, like vest, with lace, to flat pattern. Mount on a yoke lining of silk, which holds the sleeve lining. Arrange the sleeve into the velvet cuff. Added basque. Belt of the velvet, supported on bones. Passementerie motifs decorate sleeves and velvet straps. Elegant model. 32-inch material, 4 yards.

Dainty Blouse of Silk Muslin.

No. 7839, A front and two backs are draped
Page 13. on a three-piece yoke of lace. Collar to match yoke. Blouse closes at back. Outline yoke with a drapery of muslin trimmed with velvet. Draped muslin sleeve, arranged to look as if cut with blouse. Draped velvet belt. Rich buttons on shoulder. 45-inch muslin 2¼ yards. Wear over a fitted, low-necked, sleeveless glacé underslip.

A Striped Autumn Gown.

No. 7840, To wear beneath one of the new
Page 14. fur or velvet pélerines. Seven-gore skirt of the new striped fancy cloth, hemmed and decorated with bands of velvet. In cutting, see that stripes run straight down centre

of each breadth. Kimona overblouse of the striped material, cut on the cross, the sleeves hemmed with velvet, and decorated with lace. Narrow velvet ribbon decorates the backs and fronts, beneath the edge of which is laid a fold of velvet. Velvet belt. 48-inch material, 6 yards.

A Directoire Coat and Skirt.

No. 7841, **Page 15.** Seven-gore Directoire skirt of fine cloth. It is secured with hooks at back to the high waist of the blouse. Hem invisibly from the back, over a band of lino. Wear over a separate clinging foundation skirt. Elegant Directoire coat, with long basques, richly braided. Revers are faced with velvet. Fronts close up with hook and eyes, crossed with cord loops on rich buttons. The one-piece sleeve is mounted into coat to look as if cut with it, seam hidden with braiding. Braid sleeve edge and finish with a velvet band. Line coat with satin. 52-inch cloth, 8 yards. Smart lace collar and jabot.

A Velvet Visiting Gown.

No. 7842, **Page 15.** Very light velvet, or velours mousseline, should be used. The skirt, hemmed invisibly, is mounted with pleats into the waist. Wear over a silk foundation skirt. Cut a fitted silk bodice lining with three-piece front. Veil front and back with tucked tulle, the front covered with lace frills. Band collar of lace. Sleeve of the velvet on a lining, which is mounted into the armhole. Two-piece kimona shoulder straps, made of the velvet, embroidered, are pleated into a shaped front and two backs of the velvet, ending at the waist and embroidered. This must be carefully boned, the pleated skirt being hooked to the bodice at the back. Double-width velours mousseline, 7 yards.

Girl's School Coat.

No. 7843. **Page 17.** Front centres are full length, the basque being added (pleated at back, pleats wheelmarked on pattern), mounted to short sides and backs beneath the belt. Front seams are lapped. Two-piece epaulet collar. Vest of tucked silk and small silk stand-up collar.

No. 7879.—Girl's Embroidered Smock.
For description see pages 30 to 36.
Price of Paper Pattern, 6½d., and Full-size Transfers of the Embroidery, 4½d., post free, from Madame Myra, *10 and 11, Fetter Lane, E.C.*

Model is lined to hips only. Two-piece sleeve with cuff. Good model for tweed. Pattern is cut for a girl of nine. 42-inch tweed, 3 yards.

School Coat for a Girl of Fourteen.

No. 7844, **Page 17.** Of grey tweed, double-breasted, front centres full length, basques added at sides and back. Face fronts with tweed. Reefer collar faced tweed. Front and back seams are lapped. Line to hip only. One-piece sleeve with tweed cuff. Coat reaches just below the knees. 54-inch tweed, 3 yards.

Afternoon Frock for a Girl of Fourteen.

No. 7845, **Page 17.** Full skirt of Shantung, with broad hem, decorated with lace dyed to match. Cut a bodice lining closing on left of front centre. On it mount the vest of Jap silk, folded to flat pattern. Collar of the silk, hooking at back. Into armhole mount the folded sleeve of Shantung, decorated with lace, arranged on a lining. Tucked kimona of the Shantung, edge and sleeve decorated with lace. Tucks are wheel-marked on pattern. 32-inch Shantung, 9 yards.

Pinafore Bodice for a Girl of Fourteen

No. 7846, **Page 17.** To match a skirt, prettily braided. Good style for serge. To wear over any *lingerie* chemisette. Neck is cut square, and there is a deep pleat on each shoulder. Blouse closes at back. The sleeve is mounted on a smaller lining. The vest illustrated is of silk, folded, like collar, to flat pattern. 48-inch serge, 3½ yards.

Girl's Orlwoola Blouse.

No. 7847, **Page 17.** A tucked back and two tucked fronts (tucks wheelmarked on pattern). Pattern is cut for a girl of twelve. Right front cut with box-pleat, which holds the button-holes. Large bone buttons. The shirt is made with narrow collar band, supplied with button-holes to hold the embroidered batiste collar. One-piece shirt sleeve with cuff band covered with an embroidered batiste cuff. 31-inch Orlwoola, 3 yards.

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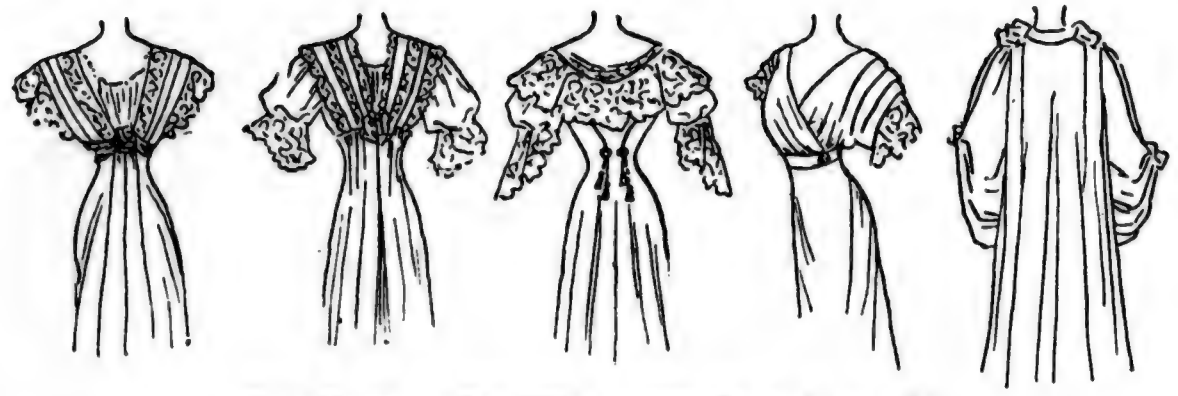

Back Views of Nos. 7863 to 7867 (Pages 24 and 25).

Empire Party Frock for a Girl of Fourteen.

No. 7848, Page 17. Good model for Jap silk or silk-and-wool muslin. Skirt is tucked (tucks wheel-marked) at top to fit on to the high-waisted bodice beneath the velvet sash. The lower edge is tucked to flat pattern, and is trimmed with a cross-cut frill. On a white bodice lining is arranged the full front and backs of silk. Tucked yoke in front. Tucked bretelles, decorated with lace. Cut out bretelles and yoke after tucking the material. Short sleeve gathered on a smaller lining, decorated with lace and two frills. 21-inch silk, 10 yards.

Afternoon Frock for a Girl of Ten.

No. 7849, Page 17. Blouse dress, a full skirt and full blouse, mounted into a belt covered with braid. Close at back. Shoulder is very long. Braid neck and armhole. Fronts and backs are tucked at square neck (tucks wheel-marked). Full sleeve (on a smaller lining) finished with a fitted lower sleeve. Can be worn with lingerie chemisette or a tucked chemisette of Jap silk. 46-inch cashmere, 4 yards.

A New Motor or Rain Coat.

No. 7850, Page 18. Smart model, for striped blanket tweed. Two double-breasted fronts, a back, four sides, arranged into a three-piece yoke with lapped seam. The upper of the coat sleeve is inserted in the shoulder seam, between back and fronts of yoke. Face fronts with tweed. Turn over collar which can be turned up. Large pockets on each side. 56-inch tweed, 5¾ yards. Motor bonnet of gathered silk.

A Kimona Blouse and Elegant Skirt.

Nos. 7851 and 7852, Page 19. Beautiful model for the new glossy Shantung, in a deep cream shade. Can be worn with a five-gore pleated skirt (No. 7851) or the elegant skirt shown at No. 7852. Seven-gore skirt, with lapped tablier seam, closing in left seam. Sides and backs are decorated with an added tuck (a doubled bias band). Wear over a long muslin petticoat, very carefully shaped to the knees. Very smart blouse. Cut an ordinary fitted lining in batiste to close down front centre. On this is mounted the Shantung kimona blouse. The fronts and back of yoke are cut all in one with the centre panel of each sleeve. The rest is a kimona back (cut with part of sleeves) and two kimona fronts (cut with part of sleeves). Fronts are smartly pleated (pleats wheelmarked) into the added basque. Dainty stitched pocket. Added collar of leaf-green satin. The sleeve is pleated into a satin cuff which is mounted on a shorter lining. Chemisette of tucked muslin. Satin belt, supported with bones. 32-inch Shantung, 12 yards. Satin buttons. In cloth, trimmed with velvet, this is a good model for autumn wear.

Dinner Coat of Crêpe de Chine.

No. 7853, Page 19. Backs and fronts are cut in one with sleeve. Filet lace edges the coat and runs up the back seam. Side seams are left open, edged with cord, held in place with cords and buttons. Belt of velvet draped on bones. 42-inch crêpe de Chine, 4 yards. Wear over any smart blouse. The model illustrated is of silk net. Yoke and collar tucked to flat pattern. The front and backs are gathered in several rows. Rucked tight elbow sleeve, falling in a point over the hand. 46-inch muslin, 2½ yards. Full skirt should be of net, tucked at edge.

A Directoire Tailor Gown.

No. 7854, Page 20. Five-gore skirt, fitted at top, breadth cut very circular to flute well below knees. Trim with black silk braid to simulate the Directoire slit on the left. Line with silk moirette. Very smart coat. Braid trims the coat all round. Large braided cuff and pocket. The turnover collar is braided all round. Coat closes edge to edge with hooks and eyes. Braiding simulates brandenburghs. Line coat with white silk. Very good model. The fronts and collar could be faced with superior silk or with the material—a first-class serge or fine cloth. 52-inch material, 7 yards.

A Novel Kimona Pelisse.

No. 7855, Page 20. The bodice part, back, fronts, and sleeves in one piece, is fitted to the figure with a series of fine tucks (wheelmarked on pattern). The basque is circular, very full at the lower edge, the slight fulness at the top tucked to fit bodice part beneath a strap of braid. Braid edges the sleeves and revers collar. 54-inch cloth, 5 yards.

A Felt Morning or Travelling Hat.

No. 7856, Page 21. The brim is of felt, the crown of cloth to match. Trim with rosettes of velvet ribbon, and pheasants' plumes.

A White Felt and Cloth Hat.

No. 7857, Page 21. The draped crown is of the cloth. A band of mauve velvet edges the brim. Shaded mauve feather.

Felt Hat with Velvet Crown.

No. 7858, Page 22. The crown is very voluminous and richly draped. Can match or contrast with the brim. Pen feathers in front.

For Descriptions of Nos. 7859 to 7861, see Page 28.

A Beautiful Tea Gown in Lewis's "Wonderful" Velveteen.

No. 7862, Page 25. Two backs, four sides, two fronts. Backs and fronts are pleated into a shaped band (cut in one with sleeve band), which is covered with the broad lace (or passementerie) which edges the right front. The large sleeve is beautifully pleated into a straight band (covered with lace), which is cut with the little yoke. Lovely model. Turn up the hem over a band of lino and fell invisibly from the back (the French hem), seeing that the stitches do not pass through into the pile. Line the sleeve with white satin as far as it shows. The gown is more elegant and lighter if unlined. 24-inch "Wonderful" Velveteen, 14 yards. In cutting see that the pile feels *rough* if smoothed *downwards*. For patterns of the "Wonderful" Velveteen, send to Lewis's, Market Street, Manchester.

A Lovely Directoire Evening Gown.

No. 7863, Page 24. Dainty model for chiné silk or crêpe. Looks lovely in white foulard with chiné roses in a delicate shade of leaf-green and pink. Nine gore corselet skirt, the back arranged in pleats, which are lifted up to the bodice, and thus form the soft drapery folds at the sides. Pleats are wheelmarked on pattern. Skirt is unlined, and is hemmed over a band of lining. Dress should be very soft and clinging, worn over the "eel" foundation skirt of soft white satin or silk. Cut a fitted silk bodice lining to close at back. Tack, fit, bone. Back and front are veiled with drawn-up chiffon. Lace wing sleeve, falling over the rucked, tight, long chiffon sleeve. There is a cross drapery of lace in front. Sides are veiled with the chiné silk. Smart kimona drapery of the silk, front tipped with two tassels, trimmed with filet lace. The plain silk or velvet belt drapery at the back is smartly held by a large rosette. The skirt back hooks to the bodice so that it keeps its place. 22-inch silk, 14 yards.

A Directoire Tea Gown.

No. 7864, Page 24. The seven-gore skirt is elegantly gathered into the short-waisted bodice. Good model for crêpe de chine. A fitted silk bodice lining is cut with three-piece front, to close on left of centre panel. Tack, fit, and seam the lining. Veil with front and back panel of pleated chiffon, with back and fronts of the crêpe de chine, veiled with fichu of the crêpe, decorated with a lace insertion which meets the insertion over the tablier seams. Lace edges the fichu. Bow of chiffon in front. Sleeve of the crêpe on a smaller lining, with lace frill. Double-width crêpe de chine, 8 yards.

A Princess Dress of Louis Velveteen.

No. 7865, Page 24. Exquisite model. Cut a nine-piece princess lining from neck to hip, in silk or mercerised lining, to close on left of centre panel. On this foundation is draped the princess dress, in seven gores. Two tasselled motifs finish the back just below high waist. The double right front drapes across left front, and falls apart from the side gore below hip, to show a panel of lace mounted on the silk foundation skirt. Cords and tassels are arranged across the side fastening of hooks and hooked loops. Fit, stitch, and bone with care. Hem the skirt invisibly, the hem interlined with lino, to prevent any tendency to "roll up." Wear over a seven-gore foundation skirt. A beautiful lace collar finishes the low neck, within which are arranged

Back Views of the Four Free Patterns.

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folds of chiffon. The sleeve lining, veiled with the velveteen sleeve, is finished with a deep frill. Lovely model. 24-inch Louis Velveteen, 16 yards.

Directoire Evening Gown of the New Glossy Shantung.

No. 7866, **Page 25.** Cut a Directoire skirt in seven gores, arranged in pleats at back, which are lifted to drape sides a little. The lower edge is hemmed over a band of lino. Close at back. Hooks and eyes hold together skirt and bodice at back. Wear over a silk foundation skirt. Beautiful Directoire bodice. Cut a silk lining with three-piece front, to close on left of front centre. Veil with a kimona of the satin, back, crossed fronts, and top of sleeve in one. Pleats are wheelmarked on pattern. The sleeve lining is mounted into lining armhole. Draped satin belt, with buckle at back. A lace frill finishes the sleeve, and lace is arranged round neck. Passementerie tassels on sleeves. 32-inch Oriental satin, 17 yards.

An Exquisite Evening Mantle.

No. 7867, **Page 25.** The backs and fronts are pleated into the shoulder, part of the front forming a short drapery tipped with tassels. Good model for satin or *drap souple*, lined with silk. Large draped sleeve, silk-lined, decorated with passementerie. Rosettes on shoulders and sleeves. 42-inch satin, 7 yards.

A Draped Princess Evening Dress.

No. 7868, **Page 25.** Exquisite model. Makes up well in *drap souple*, Shantung, or resilda silk. Cut a nine-piece princess lining from neck to hip, in silk or mercerised lining, to close at back. On this foundation is draped the princess corselet skirt in seven gores. Fit, stitch and bone lining with care. Hem the skirt invisibly, the hem interlined with lino, to prevent any tendency to "roll up." Wear over a five-gore foundation skirt. Two backs and two fronts of the skirt material drape the top of the lining, with panel of folded chiffon in front, veiled with a lovely two-piece mantilla collar of lace. Folded long, tight sleeve of the chiffon. Lovely and original model. 52-inch cloth, 7¼ yards.

(*For Descriptions of Viyella Underwear, see page* 12.)

Tailor Gown of Striped Tweed.

No. 7877, **Page 30.** Five-gore skirt. See that stripes run straight down centre of each breadth. Hem invisibly, from the back over a band of lino. Wear over a separate foundation skirt. Smart coat—two two-piece fronts, four sides, one back, two waistcoat fronts (of silk matching paler stripe). The stripes are very prettily arranged, those of one-piece back being vertical. Strap front and back seams with the braid which edges basques, running up the open side seams. Line with silk cut on coat pattern, but seamed apart. Waistcoat is single-breasted and closes with a tab (cut with right side) and a large metal button. One-piece sleeve on a shorter lining, with silk-faced cuff decorated with braid. 52-inch material, 7 yards. For the striped tweed send to Robinson and Cleaver, 40B, Donegall Place, Belfast.

No. 7879A.—Cloth House Blouse.

For Description see pages 30 *to* 36.

Price of Paper Pattern, 6½*d., post free, of* Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

An Embroidered Directoire Tunic Gown.

No. 7878, **Page 32.** The silk foundation skirt is veiled on the left side and lower edge with fine cloth. Lovely Directoire tunic, open on the left, embroidered all round. It is draped on a fitted and boned corselet lining, and closes at the back. Cut a silk bodice lining, with three-piece front, to close on left of front centre panel. Cover back and front centre panel with tucked net. Band collar of the net, tucked to flat pattern, supported on bones. Rucked net sleeve on a tight silk lining. Over this is a one-piece kimona of the cloth, closed in front, the sleeves lined and embroidered. 52-inch cloth, 8 yards. Net should be dyed to match cloth.

Girl's Embroidered Smock.

No. 7879, **Page 33.** This dainty little frock pattern is cut for a girl of four to six years old. The pattern is in four pieces: half the front, one back, half the collar, one sleeve. Lay the pattern pieces on 3 yards 36-inch washing silk, which is doubled in half (selvedges meeting), front centres of front and collar laid along the fold, so that each is cut in one piece, the back and sleeve being cut in duplicate. The back centre can be laid on the fold, and the material be slit for an opening, finished with false hems. The dress looks better if very full; but this necessitates added corners on front and back, seamed up the selvedges. The material is smocked to fit into the collar and across the child's chest, which is done by gauging the material, as is necessary for smocking. How to smock the pretty pattern illustrated will be found in No. 28

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of "Myra's Library of Needlework," design No. 5 (1½d. post free). The embroidery is carried out in satin stitch. The dress is seamed up at shoulders and under the arms. The lower edge is hemmed. As smocking allows of growth in bulk, it is a wise plan to tuck the lower edge, as the tucks can be let down. The collar is a very beautiful and original one. It should be lined with silk. The sleeve is seamed, and is closely smocked. A notch on the pattern shows the depth of the free frill. The smocking stretches for the little hand to pass through. The sleeve is gathered into the armhole, the seam being bound for neatness. This smock makes up beautifully for the nursery in fine pillow linen. Send to Robinson and Cleaver, 40a, Donegall Place, Belfast.

Cloth and Velveteen Blouse.

No. 7879a, To match a cloth skirt
Page 35. for indoor wear. A tucked back and two tucked fronts. Central box-pleat cut with right front. Tucks are wheelmarked on pattern. Added basque. Close with hooks and eyes and decorate with velveteen buttons (on wood frames). Large velveteen collar. One-piece sleeve on smaller lining and long velveteen cuff. Detachable chemisette of lace with band collar. Velveteen belt draped on bones. 48-inch cloth, 1¾ yards.

Child's Blouse Frock.

No. 7880, The front is plain except
Page 36. for a pleat on each side. The sides and backs are full, held in by a stitched belt, which buttons in the front. This is arranged into a three-piece yoke, finished with a strap. Plain band collar. Elbow sleeve on a shorter lining, with strap cuff. Dress closes at back. Good model for serge. 42-inch serge, for a girl of eight, 3½ yards. For the serge send to Lewis's, Market Street, Manchester.

Schoolgirl's Smart Afternoon Dress.

No. 7881, Three-piece panelled
Page 36. umbrella skirt of fine tweed or serge. In front seams are lapped (lap is wheelmarked on the pattern), and decorated with small buttons. Smart blouse of serge, a pleated back and two pleated double-breasted fronts (pleats wheelmarked on pattern). Blouse closes on left with buttons and buttonholes. Smart velvet collar. One-piece sleeve on a shorter lining, with velvet cuff. Stitched belt of the serge. 48-inch serge, 5 yards. Wear with separate chemisette of lace, tucked net, broderie anglaise, &c.

(For Nos. 7882 to 7886, see page 11.)

Young Lady's Tailor Suit.

No. 7887, Five-gore skirt, the sides
Page 42. pleated over the tablier (pleats wheelmarked on pattern). Sides and back are decorated with a wide shaped band. Smart coat, the seams stitched for decoration back and front. The revers are cut with the fronts, which are faced with serge. Waistcoat fronts of the serge, closing edge to edge with hooks and eyes. Line with silk—lining cut on coat pattern, but seamed apart. One-piece sleeve on a shorter lining. Face collar and cuffs with velvet. 48-inch serge, 6½ yards.

Madame Myra, 10 and 11, Fetter Lane, E.C., will cut to measure the pattern of any dress or mantle illustration sent to her from 1s. 6½d. (plain skirt or bodice, or short coat). Pleated or tucked styles cost according to complications.

NOTE.—In sending remittance for paper patterns our readers will greatly oblige if they send it in halfpenny stamps, or in P.O. in preference to penny stamps.

Personal Appearance.

HOW TO MAKE IT MORE ATTRACTIVE.

By Mistress Anne Page.

EXERCISES FOR HEALTH AND BEAUTY.

No one in these enlightened days will deny that in order to possess and maintain true beauty indefinitely the general health must be kept up to a high standard; and this, not by means of drugs, but by hygienic, rational living, simple and pure foods and beverages, and the daily practice of physical-culture exercises of the kind that, in turn, call all the muscles into action.

Eminent doctors who specialise diseases that are of nervous origin prescribe such daily exercises for their patients, of course, wisely adding that they are best practised in the early morning, when the air through the opened windows comes into the room quite fresh and invigorating, that they should always begin with deep breathing to oxidise and purify the blood, and finish with some exercise that involves balance or control, but that they should never be continued until weariness is felt.

The woman-worker, even more than the lady of society (though she works hard enough in her way, too, and will sooner or later suffer from nervous exhaustion if she does not pay heed to her health as well as to her beauty and her pleasure), must take every care of her personal appearance, and therefore she, of all people, cannot afford to suffer from mental worry, nervousness, indigestion, constipation, inaction of the liver, sleeplessness, or general debility, though the nature of her work, especially when it compels her to sit in one room with a number of other workers for several hours of six days of every week, tends to give rise to one or all of these ailments in turn.

So, because physical exercises strengthen the muscles, purify the blood, keep the joints supple, invigorate the whole frame, make the eyes bright, the complexion clear, and the spirits bouyant, let all women devote at least a quarter of an hour every morning to the practice of suitable exercises, such as shall be described in our Journal from time to time.

The first exercise must invariably be deep breathing, and this is how to do it properly and beneficially:—Standing by the widely opened window, the first thing on rising, with heels together, head erect, and the body presenting the straightest possible line from neck to heels, the mouth must be lightly closed, and the breath taken deliberately and noiselessly through the nose while six is slowly counted, mentally; this fresh, clean breath must be held in the lungs while ten is counted, and then it is to be quite slowly and evenly exhaled through slightly parted lips to a count of eight. This exercise, simple as it sounds, requires an effort of will (strengthening of itself) at first to retain the breath, and an almost greater effort to let it go so smoothly that there is neither jerk nor gasp to the very end of it, but when once the right way of doing it has been grasped it can be practised on the way to business on workdays, to church on Sundays, or when out for the weekly half-holiday that is, fortunately, permitted to most workers. The advantages of this method of breathing are too great to be fully estimated; strength will be gained without tonics, because the full oxidation of the blood, by the complete expansion of the chest and the full intake of pure air, is thereby effected; the whole body will become straighter and seem to be taller, and so the foundation of an improved health and beauty, and of the better figure that many of the rest of the exercises are intended to build up, will be laid.

(To be continued.)

No. 7880 No. 7881

USEFUL FROCKS FOR GIRLS.

For Descriptions see Pages 30 to 36.

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By MISTRESS ANNE PAGE.

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Erin.—The little lumps that look like seed-pearls under your skin, and that when squeezed come out in the form of hard stuff or else in a long white string, constitute a form of acne that takes some time to cure, and that requires a good deal of steady perseverance with the prescribed treatment. You have to get the pores of your skin into better working order, and to this end I advise you to get from the M—Highwater Laboratory Co., I-118, Exchange Buildings, Southwark, London, Dr. Harlan's Beauty-Complexion Massage Brush (4s. 6d. here, but 5s. 6d. post free to you in India), a box of Dr. Harlan's Olivine Soap (2s. if scented with fragrant English lavender flowers, or 1s. 6d. if unscented), and a Hygeia Complexion Mask, which costs us 8s. 6d. post free from the same address, but for which you would have to pay an extra 6d. for postage. These things will come in a sealed parcel, post and duty free, with nothing to indicate the contents. Now, the soap is to be used in your daily bath, and when the round plug of it that you will find in the Brush has all been used, you can fill the hollow place again with it. Then, in washing your face, dip this brush in tepid water, and rub it with rotary and rather deep movement well into all the skin of your face, and when you have done this for about five minutes rinse first in tepid water and then in a fresh bowl of cold water. After doing this at night wear the Mask, and very soon you will find that those lumpy deposits in your skin are dissolved, that the pores will exude them naturally, and that your complexion will become healthy, pure, and fresh. The Mask is quite flexible, easy to adjust and easy to remove, and its effects, combined with the Complexion Brush Massage, are really wonderful.

Erin (Second Question).—The best things to eat to ensure the maintenance of a good complexion are fresh green vegetables, fresh fruits, whole-wheat bread, and simple foods that you find by experience digest easily. All made-dishes and highly-seasoned food, such as curries, should be avoided; you should drink as much milk as you can digest, in place of other beverages, and you should take immediately after each of your meals one of Mason's Tonic Complexion Pills, which are sold for 1s. 2d. and 2s. 9d. a box by Mr. Mason, 25, Bank Plain, Norwich, and which are especially prescribed to assist the healthy action of the skin, and to prevent all blemishes of complexion, especially those of pimples and spots of any kind.

Freckles.—Yes, I can tell you of a certain cure for freckles, however obstinate they may be, and you will find it in Mason's Freckle Cure, a Cream and a Lotion which he sends together in a plain wrapper from 25, Bank Plain, Norwich, for 4s. 6d. When you get your parcel you must wash your face every night with warm soft water, until the skin is quite humid. Then dry it quickly by patting with a soft towel, and then rub some of the Cream well in, and let it stay on all night. In the morning wash in tepid water, using a good soap, such as the Norvicia Cream Soap, which the same Mr. Mason sends for 6d. a tablet, rinse in a fresh bowl of tepid water, dry as before, and then gently rub some of the lotion on and let it dry into the skin. This is to remain on all day, and the double treatment is to be repeated, night and morning, until all those tiresome sun-spots have quite gone away. You need not fear to go out in the sunshine if you give your face and neck an application of the same Mr. Mason's delightful Jansia Emulsion (2s. 6d., from the same place) immediately before you start. When you have got rid of the freckles, write to me again, and I will tell you how you can prevent them coming any more.

A. W.—I hope you duly received the booklet concerning the treatment called Osteopathy. Many of my correspondents have been greatly benefited by this treatment, taken from the wonderful hands of a specialist, whose name and address I can send you on receipt of a stamped envelope for the purpose, but I cannot publish either here, as he is a medical man, and it would be contrary to the etiquette of the profession.

J. G.—Please see answer to A.W. A lady who has been treated by this specialist is so interested in it, like yourself, that she is going in for a four-years' course of study in a college, so as to qualify as a lady Doctor of Osteopathy. I am sure she will soon acquire a large practice among women when she has gained her degree.

Araby.—I shall be very pleased to send you, by return of post, the name and address of a lady of whom another correspondent speaks in highest praise, who restores grey hair to its original colour, without using a dye, but by means of an excellent dressing, which gives the hair a natural and glossy appearance. She will only require you to visit her a few times, and her fee, per sitting, is but 1s. 6d. Send me a stamped envelope, addressed to yourself, for the name and address.

Greatly Tormented. — You can permently remove the objectionable superfluous hairs from your face yourself, and if you will write to Madame P. Tensfeldt, Specialist in Electrical Treatments, 33A, Shandwick Place, Edinburgh, she will send you a book, gratis and post free, called "The Face Perfect," in which you will see exactly how to do it. The book is both instructive and interesting, and all readers of Myra's Journal who are troubled by superfluous hairs should send for a copy.

Baby's Anxious Mother.—In order that your dear little one may go through her teething satisfactorily to herself and to you, give her Fennings' Children's Powders (sold by all first-class chemists in stamped boxes at 1s. 1½d.), and carry out the general directions for the promotion of her health that are given in "Fennings' Every Mother's Book," which you can get at the chemist's, or direct from the author, Mr. Alfred Fennings, Cowes, Isle of Wight, gratis and post free.

Marion.—To get rid of that distressing acidity which you experience after each of your meals take Eno's Fruit Salt (all chemists keep this), which makes such a pleasant and cooling effervescing drink that will cure the stomach trouble and purify your system.

Dick's Fiancee.—Blackheads are most annoying and disfiguring blemishes to the complexion, and if neglected, or if improperly treated, are apt to inflame the glands, and then you get ugly spots and pimples. Now, the best way to clear your complexion, and make it as beautiful as you wish to have it for your future husband's pleasure, as well as your own, is this: (a) Take after each of your meals one of the Tonic Complexion Pills that are sold for 1s. 2d. a box by Mr. Mason, 25, Bank Plain, Norwich; (b) never allow yourself to become constipated, but by having regular meals, with simple, natural foods, well masticated, massage of the abdomen when in your morning bath, and the practice of physical culture exercises that make you bend forwards and from side to side every morning, maintain your hygiene; (c) steam your face every night (until you have cured it of blackheads) by holding it over a toilet basin of boiling hot water, putting a towel round the rim of the basin and over your head in such a way as to concentrate the steam on your face. When you have steamed for three miuutes, massage it with all your fingers at once, so as to assist the action of the steam, and when you have done this for two minutes, dry quickly with a soft towel, and then massage for five minutes again, but this time rubbing some of the above Mr. Mason's Cream of Sulphur (2s. 9d., from 25, Bank Plain, Norwich) well into the skin, and let this remain on all night. In the morning first wipe your face thoroughly clean with a soft towel, going in an upward direction from beneath your chin to the top of your forehead. Look at that cloth, and you will be amazed to see how soiled it has become, but that will be because the blackheads are beginning to evacuate your pores. Then wash your face in quite hot water, using a soothing and very pure soap, such as Woolley's Boval Cream Soap, which is sold by every chemist at 6d. per tablet, and rinse in quite cold, clean, soft water, to tone your skin, and prevent wrinkles. I promise you a good complexion if you carry out this simple treatment for a reasonable time.

Salome.—You can dye your own hair in a quite satisfactory manner yourself with Jappo, which is the best one-liquid hair-dye known to science, and which you can only obtain from the Teinture Syndicate, 285, Regent Street, London, W., who will send you a bottle of it in any one of the twelve shades of natural hair for 2s. 2d. post free in a plain wrapper.

Zara.—The pain between your shoulders, coming when it does, and with such regularity, tells of indigestion, and to remedy this you should take Kylets (send for a 2s. 6d. case of these to the Oatine Co., 136, Denman Street, London, S.E.), and when you have taken this course you will feel equal to eating food like other quite healthy people do, and your complexion will have lost that dull look. All the same, I advise you in the future not to take any alcoholic beverage with the idea of assisting your digestion, nor to drink anything with your meals. For the present sip a tumbler of hot water, with a squeeze of lemon-juice in it, half an hour before meals; but when that pain is quite cured drink pure cold water, as much as you want, about an hour after dinner and supper. After the breathing exercise every morning, stand up as straight as a dart, throw your arms up as high as possible above your head, then try to touch your toes with your fingertips. Do this six times. Then bend to the right and to the left sides alternately twelve times, and then have your bath, and you will feel more ready for your breakfast. No: do not have morning tea: the hot water and lemon will be better for the present, and you should afterwards substitute Plasmon Cocoa (sold by all first-class grocers) for tea at the usual tea-time, because this will nourish you without causing indigestion.

"Myra's Journal is the best fashion book one can buy and the Free Patterns are lovely."—M. Y. A.

SUPERFLUOUS HAIR.

"DEPILLOS" (Registered).

MARVELLOUS SUCCESS.

We have an absolute and permanent cure, entirely free from anything hurtful or injurious to the most delicate skin, never failing to entirely eradicate the strongest growth, destroying the roots so completely that the annoyance **WILL NEVER RE-APPEAR**; and to prove the correctness of the above statement, we will send, absolutely **FREE**, securely packed and free from observation, with **MEDICAL CERTIFICATE** and testimonials, a sample to all who enclose two penny stamps. Address—

Manageress, **TAYLOR & CO.**
(Dept. 26), **149, FLEET STREET, LONDON, E.C.**

JAPPO

Trial Bottle 6d. post free 7d.

The best One-Liquid Preparation in the Market.

RESTORES

Absolutely non-injurious. Can be obtained in 12 different shades.

GREY HAIR

to its original colour. Send P.O. 7d. with Shade of Hair.

THE TEINTURE SYNDICATE, LTD.,
285, Regent Street, W.
Larger Sizes at 2/2 and 3/9 post free.

TOO FAT

The **Zobeide Tissue Absorbers** will thin you. Price 2/6. The Zobeide Beauty Belt for the speedy reduction of Hips and Abdomen. No Pressure. No Dieting. Price 25/6 and 31/6. —Mrs. MAINE, 10, St. Mildred's Road, Lee, London (late 41, Conduit Street, W.).

A HEALTHY COMPLEXION

Can only be secured by a healthy state of body.

Indigestion, Anæmia, Liver Troubles cause ugly blotches and pimples.

WHELPTON'S VEGETABLE PURIFYING PILLS

Stimulate the digestive organs, rouse the liver, purify the blood, and give renewed vigour, bringing the colour of health and a clear complexion.

See that you get WHELPTON'S, and do not accept anything **"just as good."**

8256

THE UNIVERSAL HAIR CO

Transformations

Satisfaction Guaranteed.

Light & Grey Shades extra.

Made of the Finest Quality Human Hair, **Any Style at 30/-.** To prove the value of our Transformations we will send one on approval upon receipt of **15/-** deposit.

WE REFUND DEPOSIT (less postage) **if not satisfactory, and returned in good condition.**

Send for New Catalogue.

This up-to-date Pompadour **Fringe**, a covering for top and sides of head, price 6/6; or on fine lace foundation, 10/6. Entire Transformation, 30/-.

FRINGE NETS. Largest and Best in London, at 2/- per half dozen.

Our **30/- Transformation**, arranged with the aid of our **Extra Full Cluster of Curls** (mounted on comb), price only 8/6.

Our Ideal Temple Curls, 1/- each, or 1/9 per pair.

Send for one of our 30/- TRANSFORMATIONS, on approval.

Our Extra Full Cluster of Curls (mounted on comb), price only 8/6.

SEND FOR OUR NEW ILLUSTRATED CATALOGUE (POST FREE) DIRECT FROM OUR ONLY ADDRESS.

Address:

Manageress, 84, FOXBERRY RD., BROCKLEY, S.E.

Quickly cures Corns, Bunions, and Swollen Joints.

No Pain. Sure Cure.

A LARGE SHEET, Post Free, 1/2

Health, Strength and Beauty

GAINED BY TAKING

NERVETONINE,

The Great Brain, Nerve, and Muscle Builder.

A sure cure for all Nerve Complaints, Neuralgia, Rheumatism, Sciatica, Debility, Weakness, etc.

Bottles, 1/9, 2/9 to 4/6 Post Free.

From M. F. THOMPSON,
Homœopathic Chemist,
17, GORDON ST., GLASGOW.

A Lovely Gift.
Thompson's Scotch Mountain Heather Perfume (In Tartan Cases),
POST FREE 2/3, 3/9, 5/9, and 10/9

The Oatine Girl.

SKIN HEALTH.

Have you ever considered the question of the health of your skin, apart from your general health? If you do, you will probably find it is in a "bad way."

If it is not grimy and dirty, the result of smoky surroundings, it is probably disfigured by blackheads, pimples, or some other objectionable feature.

There is one remedy for unhealthy skin. OATINE. We make this statement without fear of contradiction.

OATINE is a skin food. It nourishes the skin and quickly restores it to health. It does what soap cannot do; it cleans out the pores, removes grime and blackheads.

Rub a little OATINE on your face, you will be surprised at the amount of dirt it will bring out. Unless this grime is removed, skin health is impossible.

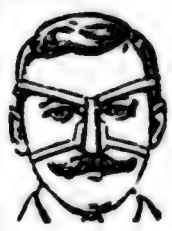
Avail yourself of an offer to-day, or purchase a jar at your chemist's. OATINE is on sale everywhere, price 1s. 6d. and 2s. 6d. a jar; the large jar lasts three months if used twice a day.

FREE SAMPLE OF OATINE CREAM

will be sent to all applicants, together with a copy of our book, "BEAUTY HINTS," or send 3d. for a box containing samples of eight different preparations.

We make this offer because we believe you will like our preparations and recommend them to your friends.

THE OATINE CO.,
136, Denman Street, London, S.E.



NOSES & EARS.

Noses.—The only patent Nose machines in the world. Improve ugly noses of all kinds. Scientific yet simple. Can be worn during sleep. Send stamped envelope for full particulars.

Red Noses.—My long-established medically approved Treatment absolutely Cures Red Noses. **3/9** post free. Foreign, **1/6** extra.

Ugly Ears.—My patent Rubber Ear Cups remedy ugly outstanding ears. Hundreds of successful cases. **7/6** post free. Foreign **1/6** ex.

M. LEES RAY, 10E Central Chambers, Liverpool.

THE "TENSFELDT" PROCESS.

Electrolysis

HOME TREATMENT.

SUPERFLUOUS HAIR.

THE only method of destroying hair-roots is by Electrolysis, which you can now apply for yourself in your own room, as hundreds of my clients have already done, at a great saving of expense.

SPECIAL FREE OFFER

I want to place a copy of my Booklet, No. 20, in the hands of every woman who is a sufferer from this dread scourge of superfluous hair. **It is free to you** *for the mere trouble of asking for it. If you are anxious to rid yourself for ever of this disfigurement, this book will show you how it is possible. Write to-day. I give all letters addressed to me my personal and strictly confidential attention.*

All Letters strictly confidential.

MADAME TENSFELDT, 40, Shandwick Place, EDINBURGH.

EMPLOYMENT BUREAU.

FREE REGISTER.

SPECIAL NOTICE.—Will correspondents please read the rules carefully regarding notices for re-insertion in the Register, and letters to be forwarded? Inattention causes delay and trouble.

NOTICE.—The printed notice *must be cut* out of the Register for re-insertion each month.

LETTERS TO BE FORWARDED.—These must be fully prepaid, and must bear the Register number at the top left-hand corner. No letter will be forwarded unless it is accompanied by the writer's name and address—not for publication, but as a guarantee of good faith.

ALL LETTERS must be sent to Miss Winifred Jones, Employment Bureau, 10 and 11, Fetter Lane, E.C. If to be answered by post, six penny stamps must be enclosed, and a stamped, addressed envelope.

NOTICE.—May I once again point out to my correspondents that letters intended for this Bureau should be addressed to me personally, and that unless this is done some delay must inevitably occur.

No. 653.—Dressmaker wants good, all-round hand, able to fit thoroughly, and to undertake part management of small work-room. Lady-like person, about 28 or 30 desired. Live in. Good home. Excellent references required. (Surrey).

No. 654.—A vacancy occurs in a high-class private dressmaking business for a young lady who wishes to be taught the trade thoroughly. No premium. Live out. (Bayswater.)

No. 655.—Dressmaker wants partner with a little money to join her. Good established connection. (Bath.)

No. 656.—Exquisitely embroidered buttons. Large or small, 6s. dozen. Prize winner.

No. 657.—Excellent needlewoman wants orders. Baby clothes speciality. Good dressmaker. (Highgate.)

No. 658.—Dressmaker. Experienced. Day and evening gowns. Renovations. (W. Kensington.)

No. 659.—Orders wanted for knitted articles. Socks, golf-stockings, babies' jackets, boots, embroidered tea and tray clothes, &c.

No. 660.—Coats and skirts by experienced dressmaker from 10s. 6d. Tea and ball gowns. Blouses, &c. Alterations. Renovations. Satisfaction guaranteed. Testimonials. (Wolverhampton.)

No. 593.—Thoroughly experienced dressmaker. Ladies' and children's things. Tailoring. Evening gowns. (Shepherd's Bush.)

No. 567. — Dressmaking. Experienced. Daily or at home. Tailor-made coats and skirts. Evening costumes.

No. 640.—Wanted to assist lady in any light business—dressmaking, library, agency, &c. Good home essential. South coast or country town preferred.

No. 616.—Coats and skirts. Day and evening gowns. Blouses. Underskirts. Renovations, &c. Costumes from 10s. 6d. (St. John's Wood.)

No. 542.—Dressmaker at ladies' houses, or ladies' materials. Good style and fit. Terms moderate.

No. 381.—Costumes complete or ladies' materials. Blouses. Highly recommended. Moderate charges. (Tonbridge.)

No. 577.—Dressmaking at home or ladies' houses. Remodelling. Moderate charges. (W.)

No. 594. — Competent practical milliner. Blouses, underwear, cross-stitch marking, &c. (S.E.)

No. 531.—Furs altered, re-lined, repaired. Reasonable charges. References.

No. 372. — Ladies' blouses from 2s. 3d. Ladies' and children's underwear; boys' suits. Will cut down, turn, and renovate. Recommended.

ANSWERS TO CORRESPONDENTS.

All letters must be addressed to Miss Winifred Jones, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Dressmaker (Mrs. H., Tonbridge).—I certainly gave your name to an enquirer, so I trust you may still hear from her. I am glad the altered notice met with your approval.

Letters Forwarded to 652 (Mrs. K.).—You addressed your letter wrong, and omitted to enclose it in another envelope. However, I have sent it on, and I should be glad to know if anything results. Another time, though, please read the rules.

Dressmaker (Miss L.).—Notice duly received.

No. 7882 No. 7883

Nos. 7884 & 7885 No. 7886

Useful Details for the Young Housekeeper.

For Description see Page 11.

Price of Paper Patterns, Kimona Pinafore, 6½d.; the other models, each 3½d., post free, of Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

Change of Occupation (Mrs. D.).—If you are a really capable needlewoman—especially as regards fine underwear—I think you will have little difficulty in obtaining work. I will send you some addresses privately, if you wish it, which may be of use to you. The manageress of a big work society told me not long ago that she had always plenty of orders for first-rate work, but for first-rate work only. With regard to the other matter, I fear I cannot help you, as it is entirely outside my province.

Furs Altered, Underwear, &c. (A. P.).—Just now is the slackest season of all, but doubtless things will get busier very shortly. When you last wrote you told me you had as much as you could do. I certainly have not forgotten you, or any of my correspondents; but, as I mentioned before, many people want a worker as near to them as possible. Was the lady you mention one I recommended to you? I think myself it is as well not to promise unless you are sure you can perform, as nothing annoys people so much as broken promises.

Post at a Dressmaker's Wanted (M. T.).—So far nothing suitable has turned up, but I advise you to send me your printed notice for re-insertion, and to keep it in regularly till you are suited. You see, you know something, but not enough to take a responsible post, and too much to go as an apprentice. I think you are very wise not to set up for yourself. Learn your trade thoroughly, every branch of it, and it will repay you fifty fold in the future. If you watch the advertisements in the daily papers, such at the "Telegraph," you will very likely come across some suitable opening. Myra circulates extensively among high-class dressmakers, so a notice in the Register should be most useful to you, but, of course, it is wise to employ every possible means for obtaining employment. Height and appearance are important factors, and your knowledge of French should prove useful. Follow the course of action I suggest, and let me know how you get on, and if I can help you further in any way.

Fashion Drawings (P. B.).—I am sorry that I cannot see anyone personally. You tell me practically nothing about yourself. It is essential first of all that you should be a capable artist, and if you have not already gone through a course of lessons from the life you should do so, and to be the pupil of one who is already a fashion artist is of use. Then, again, there are many ways in which you can turn your abilities to account. For instance, an acquaintance of mine has gone in almost entirely for catalogue work, and working up her own connection entirely. She has now prospered sufficiently to start a studio of her own in the City, where, of course, most of her customers do business. She draws the figures and garments for the catalogues issued by the big wholesale and retail houses. For this you may be paid a fixed sum for the whole catalogue, including the cover, or so much for each figure. As a rule, in all cases, I find that it is the faces that gives the most difficulty. Or, again, you can be employed by some big firm as a costume designer, working on the premises, and getting from 21s. to 63s. weekly, with lunch and tea. With regard to papers, some pay a salary, and some by piece-work. For the latter, of course, it is essential to be a quick and industrious worker if anything like an income is to be made. Will you write direct to the Editor with regard to the sketches you think suitable for Myra? I hope this information will be of use to you; but it would be better if you were to write more fully.

Dressmaking Partner Wanted (Miss R.).—I am putting a notice in for you, and I think we shall very likely be able to find a partner for you. As you say, it seems a pity to let a good business slip away. If you send me the stamps for a private reply I could put you in communication with one or two likely people. Lately I have had a good many offers both for partners and partnerships. I think someone young, with fresh ideas, would be really best for you, and possibly such a one would give her services in lieu of money.

Renovations, &c. (E. S.).—Notice duly received. As I say above, doubtless business will be more brisk shortly.

Tailoring, Dressmaking (J. J. C.).—The above reply applies to you also. May I suggest that it is as well to make a fixed, reasonable charge for blouses, say 2s. 6d., and 6d. for sundries, to apply to all blouses, except elaborate ones. A worker did this for me for some time, and she found she had constant work. People have not the money to spend that they had on dress or anything else, and it is as well to face these facts. I put this before you because I am anxious to help you, and I believe what I suggest is one road to success.

Notice Received (A. M.).

Partner Wanted (E. M. C.).—Thanks for your courteous, grateful letter. I trust that among the various people I have put you in communication with you may settle with someone. It certainly is difficult, as they seem

each in turn to put off coming to a decision. I sent your letter on to 636, and I shall soon hope to hear that you are comfortably fixed up with someone. I am glad you got "Hearth and Home" on my advice.

LETTER FORWARDED (M. H.).—I sent on your letter, and should be glad to know if anything results.

WANTS TO ENTER LIGHT BUSINESS (Miss S.).—I have just sent a letter on to you, so I hope ere long you will find something to suit you. I heard from the lady with whom you have been corresponding, and she was expecting to see you.

DRESSMAKING PUPIL WANTED (Mdme. L.).—I am sorry that I had, and have, no one suitable on my Register, but doubtless you will receive some answers to the advertisement I have inserted for you. I think if you will read the rules regarding correspondence, published on the last page of MYRA, you will see that a stamped addressed envelope must be enclosed, as well as stamps.

DRESSMAKER (F.).—I am inserting your notice, and I should be glad to hear that you gave satisfaction to my correspondent, from whom I have heard nothing further. Would it not be better if I gave your name direct, as it is on the billhead you send me?

PARTNER WANTED (B.).—I will gladly re-insert your notice if you will cut it out from the printed list for the purpose, and send it to me. I have had so many applications for partnerships that I felt sure I should be able to find someone to suit you.

DRESSMAKER WANTED (Mrs. W.).—I notice that you want a good, all-round hand, able to fit thoroughly, and take part of the management of a small work-room. I am putting in a notice for you, which I trust may be successful. Just at the moment I have no one very likely on my Register, and I fancy a good many workers are away; but by the time this appears in print a good many of the holidays will be over, and then I shall hope to get someone suitable for you. You live in a nice part, too, which is an advantage.

DRESSMAKING, &c. (M. C.).—I am sorry to hear you have been so slack, but I fear it is a common complaint, and indeed August is usually a dull month in the dressmaking world. May I suggest that you should endeavour to study your customers as much as possible, as I have heard from one lady that your work has not been at all satisfactory. I am very sorry, as I know you have succeeded in other quarters; but still I hope you will lay my advice to heart.

DRESSMAKER, RENOVATIONS (C. G.).—I am putting you on my Register, and trust you may obtain orders. I fear people do not spend as much on dress as they used to do. Motors and travelling have brought about many changes, but there is generally an opening for renovations, as this is work requiring a special kind of talent.

COAT SPOILT (Mrs. R.).—I am more sorry than I can say to hear that my correspondent has done your work so badly. Just before I sent her to you I had a most glowing testimonial as to her abilities from a lady to whom I had given her name. It is very strange, as after receiving the letter I refer to I naturally thought I was quite safe in giving her name. I do not actually "recommend" anyone, I merely bring employer and worker into communication, and so far I have not had one complaint till I received your letter. I can quite understand your annoyance, as it is maddening to have one's things spoilt. I have heard from her since, but she made no reference to the matter.

KNITTED ARTICLES (M. M.).—I sent you the addresses you wanted, and hope you may find them of use. I am also putting you on my Register. Please let me know if you work for that or any other society.

GOWNS, RENOVATIONS (Mrs. N.).—Will you please send your *printed* notice for re-insertion, not a written one. I will certainly remember you when opportunity offers. I am glad to hear of someone who *likes* doing renovations. I am glad you like our paper patterns so much. Like yourself, I think they are better than any. Now, do remember about cutting the printed notice out!

EMBROIDERED BUTTONS (Mrs. G.).—Your buttons are very pretty, and I think you should find a ready sale for them, though I have seen a good many of the same kind at the various exhibitions of women's work. As Christmas is approaching, why do you not try some of the big, and some of the more exclusive shops? I will put a notice in my Register for you also. I presume the address on your card is the permanent one?

LETTERS FORWARDED (E. de L.).—I sent on your letters, though you failed to comply with our rule, and enclose them in a separate envelope, so, as we forward no anonymous communications, I was compelled to open one of your letters, which caused unnecessary trouble and delay.

WORK FOR A LADY FIVE-AND-FORTY (L. K.).—There is no reason at all why an able-bodied woman of good health, education, and sense should not be able to earn, if not her living entirely, at any rate, the butter for her bread. There is in the August issue of "Women's Employment"—that admirable little paper issued by the Central Bureau for Women's Employment—an ex-teacher who has taken up the work of collecting subscriptions, donations, &c., for a hospital, and who earns a salary and a commission on the amount collected. The work is quite within the compass of any woman with a head for figures, of some powers as a pedestrian, and who, above all, possesses tact, and a pleasant manner and appearance. Such work is more likely to be found in the provinces than London, and it may need as yet another point in favour of those whose work is not actually advanced by living in town keeping out of it; rents and food are cheaper outside, and the press of competition is not so great. Any charity might employ workers in this way—though doubtless much of this is done by voluntary assistance. In one case I know a worker of this kind eventually obtained a lucrative post.

To CURE Drunkards

THERE is a cure for Drunkenness which has shed its radiance into thousands of hitherto desolate homes. It does its work so silently and surely that while the devoted wife, sister, or brother looks on, the drunkard is reclaimed, even against his will or without his knowledge or co-operation.

This famous remedy has guided many a young man to sobriety and into the high road to fortune, and has saved the father, the brother, and the son.

Mrs. GEO. FULLER, *who saved her husband.*

If you send name and address, and enclose stamp to pay postage, to the Ward Chemical Company, 587, Century House, 205, Regent Street, London, W., they will post enough of the remedy, free, to show how it is used in tea, coffee, or food.

Mrs. GEORGE FULLER says:—"*I am only too thankful my husband never now wishes for intoxicating liquor. I gave him Antidipso in his tea and coffee and it has quite cured him.*" With the

FREE TRIAL

Packet will be sent books and testimonials from hundreds who have been cured, and everything needed to save those near and dear to you.
Don't neglect to write to-day.

ASTROLOGY

NEW DISCOVERIES.

Wonderful Revelations, Future Events, Character, Business, Speculations, Marriage, &c. Send birth date, P.O. 1s. and stamp, for Horoscope (several pages) from the famous Astrologer, NEWTON VERITY, 4, Duke Street, Adelphi, London.

Make **ASBESTOS SAD IRONS** Ironing Easier.

The moment an Asbestos Sad Iron touches the board you are impressed by its smooth, gliding motion and the fine finish it imparts to the fabric. This is due to the skilfully rounded edges, a slightly convex ironing surface, and a finish of mirror-like smoothness. With Asbestos Sad Irons you can do better work with greater ease and comfort than is possible with ordinary irons. Every ironing you do *without* Asbestos Sad Irons is adding insult to injury. Don't treat yourself with such inhumanity. It is just that you should be considerate of your own comfort—or that of your servants. Examine Asbestos Sad Irons at your Ironmonger's at the first opportunity. Descriptive booklet on request.

THE DOVER MANUFC. CO., 124, HOLBORN, E.C., LONDON.

FOR MORE THAN TWENTY YEARS
DR. DAVIS'S FAMOUS PILLS
have been universally admitted to be a boon. They are the best-known remedy for Anæmia, Giddiness, Fulness and Swellings after meals, Loss of Appetite, Hysteria, Palpitation of the Heart, Debility, Depression, Weakness. Boxes, 9½d., 1/1½, 2/9, 4/6, and 11/-. To be obtained from Chemists and Patent Medicine Vendors everywhere, or direct from the Proprietor, 309, Portobello Road, Notting Hill, W.

CHAIRS.

DECK CHAIRS,
BASKET CHAIRS, &c.
WICKER CHAIRS.
BEST MATERIAL.
BEST WORKMANSHIP.

Kindly help the ASSOCIATION for PROMOTING THE GENERAL WELFARE OF THE BLIND in their efforts to render the Blind Independent Wage-Earners, and at the same time you will secure

GOODS OF HIGH QUALITY
at Store prices.

Please note the Address:

258, TOTTENHAM COURT ROAD, LONDON, W.

WANTED, MODISTE, with good West End address, to act as depôt for fine French Perfume. Maker will advertise address to bring customers.—Apply, WILCOX, 49, Haymarket, S.W.

"The desire to possess Beauty is keenest where refinement is strongest."

YOUR BUST DEVELOPED SIX INCHES FREE.

The Secret FREE for a BEAUTIFUL BUST and a PERFECT FIGURE.

Do you feel yourself deficient as to a plump, well-rounded figure? Is your bust measurement all that you desire? Are there hollow places above and below your collar-bone? Whatever you may lack in the way of perfect form or figure Nature will supply for you if you use the **DIANO** method. A request from you to the ESPANOLA Co. will bring to you, free of cost, a sealed package in plain wrapper giving you full information how you can, in the privacy of your own room, increase your bust measurement six inches in a short time and develop and perfect every part of your form. They also send free new beauty book, showing photos from life, with testimonials from many prominent society ladies who have used this safe, sure and rapid method. Write to-day, and enclose stamp to pay postage.

Lady Manager, M. G. ESPANOLA MEDICINE CO.
(Dept. 167), 205, Regent Street, London, W.

COOKERY & HOUSEHOLD MANAGEMENT.

TEA AND CAKES.

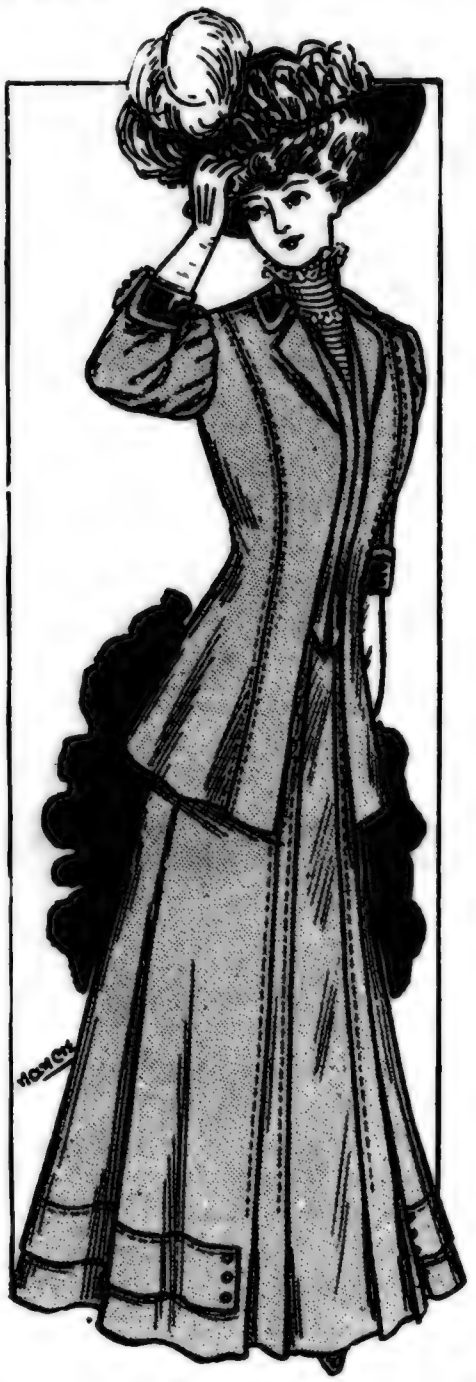
WHEN the days close in, and out-door life is practically over in the early afternoon, our affections turn to tea and cakes even more cordially than in summer time, with its long days. The cosiness of the tea-table, when all out of doors is bleak and bare, need not be enlarged upon; but the quality of the tea, and the freshness of the cakes and bread, may well absorb a little of our attention, for upon these depend the real comfort of the meal.

It is always an economy to buy really good tea. Nothing else is worth spending money upon. Inferior teas mean poor flavour now, and indigestion in the future. All the teas of the Tower Tea Company may be relied upon, and they have a special merit, inasmuch as they are blended with special regard to the water of the individual districts in which they are sold. Therefore they are always safe purchases.

Yet, after buying really good tea, many a housekeeper has much to learn before she gives her family and her guests a cheering cup which will do anything else but exasperate.

How to Make Tea. — Tea, to be thoroughly good, must be made with boiling water in the first place, and that boiling must be of freshly drawn water, allowed to boil once, and used at once. Water which has stood in a kettle for hours, and has boiled and cooled over and over again, is no use for tea-making, as those who experiment with the two ways will easily find out. More than this—the teapot must be well warmed, and when the tea-leaves are put in, only a very small quantity of water must be poured on for the first few seconds. Then the remainder of the water should be added, and the tea is ready to pour into cups. Its fragrance will be all there, though it may not look so dark in colour as many people imagine tea ought to do, and there will be no extract of tannin to work havoc with digestion. If tea must be kept hot for a long time, which must sometimes occur, it is hopeless to expect it to be either palatable, refreshing, or harmless if it stands on the leaves, covered over with a cosy, for ages. The leaves must be taken out, and only the liquid be kept hot, either with a spirit lamp, or on the hob, beloved of old-fashioned folk, or—and this is very convenient sometimes—in a jug, covered, and placed in a pan of boiling water. Tea in large quantities is much best made if the leaves are put in a muslin bag, which can be withdrawn easily at the proper moment. The quantity of tea required is often a problem, and must depend upon individual taste to a great extent; but when large quantities are made, it may be calculated that an allowance of one ounce of tea to each quart of water will give very satisfactory results.

Hints About Cakes. — Given good recipes, anyone ought to be able to make good cakes; but this is exactly what many people are unable to do. They forget that some cardinal rules must be observed. For instance, that flour must be dry, and fruit also; yet that fruit must be washed first to free it from grit and dirt, and then well dried and rubbed with a clean white cloth. Also that every ingredient required and every implement needed must be quite ready before mixing begins, otherwise the cakes will be spoiled.



No. 7886.—Young Lady's Tailor Suit.

For Description see pages 30 to 36.

Price of Paper Patterns, Skirt, 1s. 0½d.; Foundation Skirt, or Coat, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

The Oven.—The oven must be exactly ready so that the moment cakes are ready they may be put in. No waiting can possibly be allowed. Time, tide, and cakes alike resent it. To test the heat of the oven it is best to try it every few minutes before cakes are to be put in by putting into it a few pieces of thin paper. If they turn a yellowish brown in three minutes the oven is ready; if they are dark brown it is too hot; if a good, nice, warm brown it is ready for pastry; but for cakes a yellowish brown is imperative. If it should be too hot, all the dampers should be opened, and a saucer with cold water put on the oven shelf, and the door opened, and the temperature will cool down again quickly. Thick cakes, naturally, require a hotter oven than thin ones, and in all cases the oven door should not be opened till cakes have been in for ten to twenty minutes, according to thickness. The old skewer test may be used if cakes seem "done" before the required time has elapsed. It is impossible to calculate to a moment, but if the skewer leaves the cake dry and clean, all is well, and it may be removed from the oven. If it is damp and sticky, the cake is not yet sufficiently cooked.

Making the Cakes.—Eggs should be whipped well, and for sponge cakes the yolks and whites should be done separately. Flour must be sifted in. The usual order is to cream the butter and sugar together, then add the eggs and the flavouring, and any liquid named in the recipe. Then sift in the flour, stirring it lightly all the time, and then, last of all, add the fruit. Then put the mixture into clean, well-greased tins, lined with buttered paper, and then bake according to the recipe. The changes possible when once a plain Genoa or sponge mixture has been mastered are endless. They afford ample scope for the ingenuity of the cook, amateur, or professional. Flavouring and decoration may both be varied in numberless ways, and a taste for colouring, once taboo because of the poisonous nature of the colouring mediums, may be indulged in fearlessly, now that Mrs. A. B. Marshall's vegetable colourings are to be had. It is to be remembered in using colours that they are always a little paler when baked than when in the uncooked mixture.

SOME RECIPES.

Genoa Mixture.—This is the foundation mixture of nine-tenths of the cakes known as layer cakes: Take 2 eggs, and their weight in sifted sugar, butter, and flour. Cream the butter and sugar, add the flour, a pinch of salt, and a very little flavour. Mix well, beat for 20 minutes, and divide into 3 portions, baking each for 10 minutes, in a round layer cake tin. Let it cool. Then place the layers one on top of another, with a filling between, made according to fancy, e.g., cream filling, coloured to taste, or jelly, marmalade, and ice, the whole with water icing, coloured to correspond, and ornamented with chopped pistachio and angelica, or crystallised or glacé cherries, or preserved fruits, or nuts, or almonds; indeed, in any way that is tasteful. The same mixture may be baked in small fancy tins, and the small cakes iced and ornamented in different ways. A greater variety of recipes will be given in correspondence if required.

Letitia Hope.

I have taken your journal for seven years, and find it very useful.—L. Bradbury, 38, Gladstone Avenue, W. G., N.

THE STORY OF A FAMOUS WALTZ.

By GEORGE DAY.

THE Germans are a music-loving people, and in spending a holiday amongst them I could not fail to notice that one of their favourite musicians is John Strauss, and little wonder, for all must admit that he was a second Orpheus. His music is at once rapturous, tender, moving, and spirit-stirring. The magic sounds of his melodies soothe hearts, still sighs, dry tears, tame wild beasts, and almost move the very stones. Strauss composed waltzes that are more than many operas. In every house, on every piano in Vienna, may be found Strauss's waltzes. He wrote over 200; all are favourites, all are sung, trilled, and played throughout Europe. Cobbler and dandy hum and pipe them. Orchestra and barrel-organ play them. They may be heard in the street, at the hall, and at the theatre.

One of his choicest compositions is what is known as the "Sophie Waltz," but very few that listen to the melodious strains are aware of the tale it tells.

John Strauss, though a musician, was, after all, human, for he loved a lassie—the daughter of a count. Sophie was her name. Her eye was bluer than Italy's heavens, and softer than the sweet light of the evening star. Grace and beauty were in every motion, and music in every tone. In a word, Sophie was beautiful. Strauss would have given all he possessed to win but one glance of love; but she was stern and cold. It was perhaps madness for a poor musician, with nothing but his violin, to presume to love the high-born Sophie, who had as many noble ancestors as he had waltzes.

"Impertinent," said Sophie, and when he came to give her brother a lesson on the violin, she scarcely deigned to give him a look.

Shortly afterwards Sophie was betrothed to Count Robert, the Lord Chamberlain, who, like herself, had many noble ancestors, but beyond these had nothing else of which he could boast.

One day, when Strauss happened to be alone with Sophie, he sank upon his knees before her, and with burning words declared his love, and besought her to give him one word or look of love ere he was driven to despair. But neither tears nor protestations moved her. She was cold and unfeeling, saying, "I am an affianced bride. And if I were not, think you I would become the wife of a poor musician?"

So saying, she turned scornfully away, leaving him alone in his grief and despair. But repentance soon awoke in the heart of Sophie—but alas! alas! too late. The bridegroom and her father hastened the marriage—in eight days she would be the wife of Count Robert. The ceremony was to be performed in the magnificent Saloon of the city, and the Count called on John Strauss to request him to lead the orchestra on that occasion, and also to honour his bride with the composition of a new waltz.

Strauss, the most miserable man in the world, promised him both.

"He wishes to wound me yet more deeply," said the unhappy man to himself, "but I forgive him. May she be happy and never repent her choice." He at once addressed himself to his work, resolving that this waltz should be the interpreter of his passion and his grief to Sophie. It should challenge at least her pity, if not her love.

When the great city was sleeping, Strauss took his violin, opened the window, gazed out into the night, improvised and moaned forth his sad tale of woe to the bright stars above that seemed to look kindly down on the desolate, heart-stricken musician.

The day of the wedding came at last. The fierce agony of soul had given Strauss a waltz, every measure of which spoke a longing sorrow and a wailing woe. The grand saloon glistened and shone with bright jewels and brighter eyes, but Sophie was more gloriously beautiful than all. The richest gems lent their charms and lustre, the pure myrtle wreath bloomed in her golden hair, and the costly bridal veil shaded her beautiful features from the gaze of an adoring crowd. Strauss, a haggard, emaciated man, with piercing black eyes and strongly marked features, dressed in a suit of black—as though he had assumed this mourning livery for the bride now dead to him—stood sad and silent in the gallery above, directing the movements of the orchestra. Sophie danced with several of the wedding guests, and as she paused after the giddy whirl of the dance, she turned her eyes towards the pale and grief-stricken Strauss, in his robes of sorrow and mourning, and met his piercing look of despairing love. It was more than pity she felt—it was remorse—it was kindling love! A terrible pain awoke in her heart like a swelling stream, growing ever wider and deeper, threatening to overwhelm and destroy her. Gladly would she have wept, but she dared not.

It sounded twelve o'clock, and Strauss gave the signal for the performance of the new waltz. The gay dancers stood up. Sophie, hanging on the arm of the happy bridegroom—all stood spellbound with the wondrous witching power of the magic melody.

They forgot to dance. They all gazed wonderingly up at the pale-faced man in black, whose grief-torn soul breathed out his woe through the sounding strings of his instrument. His bow moved with his heart—with his spirit. The bridegroom led off. The dance commenced. Strauss followed the flying pair with tearful eyes and bleeding heart. The dance continued. Strauss played, with untiring energy, this wonderful waltz, which affected so deeply both himself and them. He continued until, suddenly, the E string of his violin snaps—and at the same moment Sophie falls dead on the floor of the saloon.

Violin and bow fell from his trembling hands, and with a cry of horror he shrieked, "Sophie," and fell fainting on the ground. So from above and below nothing could be heard but cries of lamentation and woe.

Since Sophie's death the waltz is called by her name. Strauss loved her while he lived. He, too, is dead; but his charming "Sophie Waltz" still lives, and is as imperishable as his fame.

YOUR FIGURE

can be developed

by a pleasant scientific Home method at a small cost without entailing the slightest inconvenience. If you knew how easy it is for ladies lacking in proper development of the bust to obtain in a short time magnificent figures, you would readily take advantage of this wonderful treatment.

A pretty woman with perfect form and figure becomes the envy of everyone. A plain woman with a well-developed bust becomes more prepossessing than her pretty sister lacking in this respect. **The Temple Nerve and Flesh Food** (*a vitalising agent and Flesh builder*) will give you perfect health, lovely complexion and a queenly figure. It will by a natural method develop your Bust, remove all wrinkles, crowsfeet, pimples, blackheads, and blemishes from the skin. It tones up the digestive organs and nerves, and gives you a well-developed figure that will command admiration, also you have the most priceless gift of all—perfect health.

If you lack proper development of the bust or figure,

TAKE ADVANTAGE OF THIS OPPORTUNITY.

Madame H. N. Temple, who has successfully benefited thousands of ladies in all parts of the world, will send absolutely FREE a *trial package of this treatment* to any lady interested. This is a genuine offer, and it will be to your advantage to accept same. Write to-day enclosing stamp for postage to Madame H. N. Temple, The Temple Association (Dept. 139), 8, Blenheim Street, Bond Street, London, W.

YOU cannot have a good, clear complexion if your blood is impure. **Blotches, Spots, Pimples, Blackheads,** and **Sores** of all kinds can be removed by taking

CLARKE'S BLOOD MIXTURE

The World-Famed Blood Purifier.

This famous medicine will also cure all Skin and Blood Diseases, such as **Eczema, Scrofula, Scurvy, Ulcerated Sores,** &c. Thousands of unsolicited testimonials have been received from all parts.

As it is pleasant to the taste, and warranted free from anything injurious to the most delicate constitution of either sex, from infancy to old age, the Proprietors solicit sufferers to give it a trial to test its value. Clarke's Blood Mixture is sold by all Chemists throughout the world. Price 2s. 9d. and 11s. per bottle.

Beware of Worthless Imitations or Substitutes.

SHOPPING BY POST.

VELVETEEN GOWNS.

ALL kinds of velvets are to be supreme this autumn and winter—little coats and pélerines, long coats, tea gowns, Directoire dresses. As, on the whole, a very few can afford Lyons silk velvets, or the lighter *velours mousselines*, an enormous impetus has been given to the demand for velveteens. Dressmakers are now very busy making gowns, coats-and-skirts, blouses, children's coats and frocks of "Wonderful" Velveteen, that lustrous fabric which costs only 2s. the yard, and yet is fast in its soft deep pile, and is to be had in all the new shades. A lovely tea-gown in this material is sketched on page 23. "Wonderful" Velveteen can only be got from one firm—Lewis's, of Market Street, Manchester.

In writing to Lewis's for patterns of the "Wonderful" Velveteen, patterns should also be asked for of their new season's tweeds, cloths, serges, &c., which are remarkably cheap for their appearance and quality. They have a very pretty selection of blouse materials.

A SUCCESSFUL DEPILATORY.

Although the loss of hair in legitimate places is a grave disfigurement, it is questionable if its absence is as objectionable to the fastidious eye as is the presence of hair where it ought not to be. A moustache, small or great, becomes the masculine face, but it is downright forbidding on a female lip. Many women's lives are made quite a burden to them by an incipient beard or moustache, which is apt to appear—not in early youth, as with the male—but as years advance. Too many women who dislike intensely their "superfluous" hair neglect to take any steps to keep it down, and, ultimately, to destroy it altogether. Have these sufferers ever tried "Depilos"? It is quite harmless to the skin, and yet it is fatal to those noxious hair bulbs which persist in putting forth hairs where hair has no business to be. "Depilos" ought to be given a fair trial.

A sample will be sent, post free for two penny stamps, by the Manageress, Taylor and Co., Department 26, 149, Fleet Street, London, E.C.

"OATINE."

Really to flush out the pores, and thus obtain a fresh, clean complexion, Oatine Cream should be used—soap and water will not do it for a neglected skin. Many people believe that they are doing all that is necessary when they wash the face and neck hurriedly with soap—a mere surface rub, in fact. Certainly, soap and water should remove first all grit, dust, &c.; but then Oatine Cream should be rubbed into the skin and then wiped off. The handkerchief which does the wiping will be quite dirty, because the dust has been soaked out of the pores by the Oatine Cream. This cream will refine and soften the skin of the arm, just below the shoulder, where healthy people are apt to have the skin (very fine and white on the shoulder tip) distinctly coarse, and often red.

Oatine Toilet Soap will be found a very pure Antiseptic Soap, very beneficial to the skin. It tonifies and improves delicate skins which get rough and red in windy or cold weather.

Free Samples of eight Oatine preparations will be sent for three penny stamps, also the valuable little booklet on Face Massage, on application to the Oatine Co., 136, Denman Street, London, S.E.

No. 7888.—New Coat of White Blanket Tweed.

Price of Paper Pattern, 9½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

The pattern is in ten pieces: front, back, two sides, three-piece sleeve, cuff, half collar, pocket. The coat is handsomely trimmed with velvet facings and buttons. Face the revers with the tweed. Line with silk. 54-inch tweed, 6 yards.

REVIEWS.

What woman is immune to the charms of old lace? Of all the work of skilful fingers lace is one of the most beautiful, and, if of artistic type, is really valuable. Lovers of old lace should get "Chats on Old Lace and Needlework," by Mrs. Lowes. The education of a woman of taste and refinement is hardly complete if she does not know something about real lace: if she cannot tell pillow from needle lace, if she is ignorant of the wide difference between Brussels lace and *gros point de Venise*. This book is full of information on the subject, and is plentifully and well illustrated with specimens of famous laces, including not a few presentments (one, the frontispiece, is finely coloured) of famous personages of the past, in whose garments lace finds a prominent place. The book is beautifully got up, and would make an admirable gift-book. It was only published on September 7th, by Mr. Fisher Unwin, 1, Adelphi Terrace, London, W.C., price 5s. net.

A BEAUTIFUL PICTURE.

Visitors to last spring's Royal Academy exhibition of pictures were struck by the very pleasing delineation of a charming home scene, painted by the well-known artist, Mr. Fred Morgan, entitled "Baby's First Tooth." The attitudes and expressions of the young mother, the baby, and its small sisters were wonderfully natural and attractive. This picture had been ordered by the art publishers, Messrs. C. W. Faulkner and Co., who have produced from the painting a lovely photogravure, which suggests the tones of the original with wonderful accuracy and softness. The picture, with its wide mount, is a large one (28½ by 23 inches) and deserves a handsome frame. It would make a beautiful Christmas present.

It is curious how our commercial firms associate themselves with successful pictures. Everyone remembers Millais' "Bubbles," the reproduction of which was to be seen on every side some years ago. The photogravure of "Baby's Tooth" has been taken up by Messrs. Joseph Watson and Sons, Ltd., who are presenting it as a prize to anyone who will send to their Art Department, Whitehall Soap Works, Leeds, eighteen wrappers from Watson's "Matchless Cleanser," twelve wrappers from Watson's "Nubolic Disinfectant Soap," and eighteen wrappers from "Sparkla," the new Process Polishing Soap. This makes forty-eight wrappers in all. The picture is sent to prize winners packed with the utmost care.

NOTICE.

Owing to the recent action of the Canadian Government in putting a very heavy duty on all fashion paper patterns imported into the Dominion, Messrs. Beeton & Co. can no longer leave the price of the yearly subscription of Myra's Journal sent to Canada at the reduced rate of 4s. The Canadian subscription for Myra's Journal will henceforth be 5s. yearly, as it was before the reduced rate was inaugurated by the Canadian Magazine Post.

"I am delighted with your journal and shall take it regularly."—H. P.

Christmas Cards.

Early as it is, Messrs. Raphael Tuck are already to the fore with their beautiful Christmas Cards. It sounds a little "previous" to be already instructing my readers as to what cards they should select in order to be up to date and be sure of selecting the "right thing," but I never forget that Myra's Journal, in its thousands, goes monthly far and wide to our over-seas relatives and fellow-countrymen. By the time these lines reach Australia, our Antipodean cousins will have just the time to place their orders for Messrs. Raphael Tuck's novelties.

As to those novelties, I must mention first of all the wonderful "Royal Collection." This will appeal greatly to our Imperialist Anglo-Indian Compatriots, who, I am sure, will send off at once for a complete packet containing a specimen of each card. The large packet is done up in strong reddish paper—it looks like white paper which has passed through certain vicissitude of travelling and has become streaked and stained with a russet hue. This package is handsomely bound by a blood-red ribbon. Every card is an exact replica of a Christmas card which Messrs. Raphael Tuck have in the past specially prepared for various august personages, the King, the Queen, the Emperor of Germany, Queen Maud of Norway, Queen Victoria of Spain, the Prince and the Princess of Wales. The card in possession of His Majesty the King is a large and rich one, entitled, "A Royal Greeting." It is a four-leaf card, the outer cover resembling stout parchment. The frontispiece is a beautiful reproduction of a painting in natural colours depicting our King's great namesake—Edward III.—finding the lady's garter, which episode, a legend tells us, gave the idea of the most Noble Order of the Garter. Excellent, too, and most artistic, is the card copied from the one in the possession of the Prince of Wales, illustrating the investiture of the youthful Black Prince with the Order of the Garter. The splendid card prepared for the German Emperor shows Sir Francis Drake giving the Loyal Toast on board the Golden Hind in 1579. The cover represents an exquisitely soft buff leather printed in gold. It is one of the handsomest cards in Messrs. Tuck's collection. The Art Calenders are lovely this year, and there is a splendid collection of Christmas Postcards, Folding Cards, panels, of all sizes and styles, all marked by true artistic distinction. I will refer to these when I have more space next month.

THE CARE OF THE HANDS AND NAILS.

By slow degrees we English folk are learning the value of beauty, and the necessity of paying daily attention to the hair and the face, to prevent deterioration, and promote and maintain freshness and youthfulness of personal appearance.

But still we are far more neglectful of our hands than we shall be when we fully realise, as did the lovely ladies of Italy and France in olden days, that a beautiful hand is only second in attractiveness to a perfect face, and that our hands, being so exquisitely adapted for such a variety of purposes, should have their natural strength, mobility, elasticity, and fineness cultivated to the highest pit because the more dainty and delicate we k our hands, the keener will be their sense touch, and the greater their general usefuln and the more fascinating their charm in ev respect.

Such beauty-culturists as Mrs. Adair (New Bond Sreet, W.) lay great stress massage of the hands for the maintenance the flexibility of their joints, muscles, ligaments, and the promotion of their wh ness, plumpness, and softness, and on manic for giving to the nails that smooth, polish shell-like beauty that almost creates envy those who see hands so treated, when they not their own, and certainly those who can to the above address and take a few pract demonstrations in Ganesh hand-massage manicure are strongly advised to do so, for lessons, as well as the treatment, will be valuable.

Yet those who have no opportunity of enj ing professional treatment of this first-c kind, will find that hands and nails can kept in nice condition by the following sim means:

The last thing at night, on retiring, w the hands in a pint of hot water to whic cup of cold milk has been added to brin to a pleasant temperature, dry them wit soft towel, and very gently press back the at the base of each nail. Then rub into ha and nails some of the splendid Skin F Toilet Cream, which is sold for 2s. a jar Mr. M. F. Thompson, Homœopathic Chem 17, Gordon Street, Glasgow, and draw o pair of fine Chamois-leather gloves, such are sold for 10½d. to 1s. 2d. per pair at i mongers' and grocers' shops for the use parlour-maids, to prevent dust, &c., soi their skin. This simple treatment has a r whitening and softening effect on the ha and it prevents the nails splitting or set up a growth of agnails at the sides of ther

In the daytime always wash the hand tepid soft water, and when drying with a soft towel, again let the skin at the bas each nail be gently pushed back until pearly crescent can be seen; then take a l of the above Mr. Thompson's Eucaly Glycerine and Honey Jelly (10½d. and 1s. per tube), and work this well into the ha back and front, until no moisture is appa on the surface, and then just pass the t over them again, and those hands will like satin.

Once a week the nails should be manic in this way: After washing in warm wate above, file down the edge of each nail wi little emery-board with rounded ends (t can be bought from the same Mr. Thom for 2d. each, or a 1s. bundle will last for sev months) until they are all as short as is sirable, letting each nail as nearly as pos follow the shape of the top of its own fin file the inner edge of the nail also, as makes them so smooth that they will not c and retain dust like neglected nails alway If this part of the treatment is done dai obviates the necessity for cutting the nai all with scissors, which is apt to thicken t and so to take from their transparency.

After doing this on the manicuring take a Crayon for the nails, which is sold 1s. by Mr. Thompson, moisten its uncov end, and rub this on the thick part of right palm, just under the base of the l finger, and when the pink surface on th quite dry again, rub all the nails of the hand into it briskly, until they feel glow when they will be a most lovely tint, t parent, and withal beautifully polished. again moisten the pink tip of the crayon, it into the left palm, and treat the nails o right hand in the same way.

Lastly, take a bit of clean Chamois-leat and with it rub off any surplus deposit the crayon that may be adhering to the round the nails, and that is all. When simple method of manicure is mastered, it only take about five minutes to accom from first to last, and this polished beauty remain in the nails for a week at a time, the more the hands are washed in soapy w during that week the more beautiful do seem to become.

Good Fit!

Every Dressmaker

(Home or professional) ensures perfect fitting garments with unrivalled ease and economy by using a

CLARK'S DRESS STAND.

The body is padded for pinning to, and, being your exact size, a perfect fit is at once assured.

Complete Stand, without arms 18/-
Complete Stand *(as sketch)* 33/-

Stands made to any measurement without extra charge.

A Dainty Booklet, containing photos and guide for measurement, sent FREE. Write to-day and mention "Myra's Journal." SPECIAL Discount to "Myra's" Readers.

JOHN CLARK & CO., *3, Tottenham Street, Tottenham Court Road,* LONDON, W.

A few doors from Scala Theatre. (Close to Fire Station.)

Correspondence.

RULES.

1. To be answered on this page in the next number, letters must reach us not later than the 1st of the month.

2. Queries (except on "Dress" and "Health and Personal Attention") must be accompanied by sixpence and a stamped addressed envelope. No notice will be taken if sent without, if to be answered by post.

3. In urgent cases, or if crowded out, all "Dress' answers will be sent by post, for which no charge will be made. No postal reply can be ensured unless a stamped and addressed envelope be enclosed.

4. Queries to be answered by post must be limited to three.

5. It is absolutely necessary that every letter should contain real name and full address. The space for correspondence is so limited that a large number of answers have to be sent by post. This is especially the case with "Dress," which requires prompt and often private replies. Only questions of general interest are answered in this page. Whether letters are to be answered by post or in these columns, the Correspondence Coupon, cut from the current number, must be enclosed.

DRESS AND HAIR-DRESSING.

Letters to be addressed to Madame Myra, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

THE GLENS OF ANTRIM.—(1) If the event in question is on a *cold* day, the sealskin coat would do admirably as a wrap over a smart dress. Sealskin is quite mourning if deep mourning is laid aside. The black cloth coat-and-skirt would not be dressy enough for your purpose. Have you a black silk utility dress? If so wear it, with a little white. If too warm for a fur coat, your fur stole would come in. If you have not a black silk utility dress it would be well to get one—a long, clinging seven-gore Directoire skirt (when the fashion changes you can easily cut down the high back to the correct waist line) and a kimona brace, silk going under the arm, but deeply open front and back to show as much as possible of a smart white blouse. Trim skirt and kimona (you must have the kimona cut with little wide-arm kimona sleeve over your blouse sleeve), could be trimmed with black passementerie. The brace could be made out of the "waste" of your skirt, and no doubt you have a nice white muslin or silk blouse. (2) If you have an all-black bodice, you could have black suède gloves; but with the white blouse have white suède deeply stitched on backs with black. The neck chain would look excellent on the blouse or black bodice. I am not advocating a very short-waisted gown—in front it should be almost at your natural waist. For the hat, black straw with black feathers would do. To be very up-to-date, the hat should be made of black silk, but a silk hat cannot always be worn. Decidedly a picture hat—these are going to be the rage this winter, in velvet, felt, silk, or satin. (3) I am always so glad to help our subscribers. (4) About hiring, at most agencies you would have to buy outright. As a rule in pale colours such gowns are very soiled, but the black things are in first-class condition. There is an agency in connection with the Army and Navy Stores, Victoria Street, S.W.

DORINDA.—(1) You could trace off the key pattern to edge your crêpe de chine tea gown from the transfers for embroidered bretelles of Our Free Blouse Patterns (see pages 16 and 27). The width of the key pattern is about right, and you could add if you like, the smart "curl" pattern above it. Gold braid, very narrow, looks excellent on white. Send to Head and Sons, the Golden Tassel, Sloane Street, S.W., for the braid. (2) Copy the lovely Directoire gown. No. 7878. The key pattern will look excellent, all round the tunic and kimona. (3) A good kimona coat is shown at No. 7841. It is more easily fitted, as the sleeves are really separate, seamed beneath the braiding. It is an excellent model for *drap souple* (this should be almost as soft, clinging, and glossy as crêpe de chine). You could have the cloth in the new and and beautiful *groseille* red, and it should be trimmed with black moiré and black silk braid.

TENBY.—(1) You must interline a velveteen hem (for an unlined skirt or tea-gown); otherwise there is a tendency to roll up. (2) It is never wise to stitch the hems of a woollen garment without introducing a band of lining to "stitch on to." If you omit this lining, the woollen hem is sure to cockle. This is one of the tailor's secrets of neatness and perfect smoothness. Pressing only will not do it.

ALTERATION.—(1) Use your scraps of fine embroidered muslin and old lace to fashion one of the blouses on page 22. You will find the work fascinating and the result elegant and pretty. The embroidery on the muslin is exquisite, and as it is in so good a condition, use it by all means, small as the pieces are. (2) The newest picture hats are smoothly covered with velvet or satin. Many have the crowns draped *à la Charlotte*. (3) Suède gloves are the more dressy, especially in black or dark shades.

SINGAPORE.—I am always very pleased to help our Anglo-Indian readers, and I will keep in mind that they need muslins when we are wearing furs! You will find some hot weather styles on page 19.

ETIQUETTE.

All letters should be sent to "Duenna," Myra's Journal Office, 10 and 11, Fetter Lane, E.C.

THE GLENS OF ANTRIM.—(1) As you know the daughter it would be best to go yourself in the carriage sent to meet Lady E. As you are taking so prominent a part, what you do for one lady it would be advisable to do for the other. (2) Your sister could go with you. If the lady brought two friends it would be better for your sister to return by herself, so as to offer every kind attention to the guests. (3) If you have to go to the station, do as you suggest, which is quite appropriate and well bred. Alight first if you are near the door, and escort her, side by side, to the vicar, as you must make the introduction. One only keeps *behind*, in such circumstances, with *Royalty*. (4) Being prominent in the matter, by all means go on the platform with the others of the committee. (5) There is no need for you to return to the station. The vicar will escort her to the carriage. (5) A brougham would be the best, considering the date and the hour. I am very pleased indeed to help you.

GRAPHOLOGY.

(*Continued from p. 14.*)

ELIZABETH.—This handwriting shows a very energetic nature, and the mind works rapidly and easily. You have a good sense of form and beauty. This would help you very much in your work, and would make it interesting to you, and you would always keep it to a high standard. There is a certain amount of despondency shown, and you do not always take a wide enough view of life. Personal dignity is shown by the tall and curled capitals, and you also like to appear at your best, which is a very natural desire. You are very methodical and attentive to detail. The will is firm, and you have the admirable gift of tact. The line beneath the signature shows constancy and power of attachment.

HOPE.—Great refinement and sensitiveness are shown by this specimen. You are very kind-hearted and honourable; very sympathetic. You have good imagination and poetical fancy, and are very energetic; but be careful not to overtax your strength. It is very difficult for anyone to make even a little pocket-money without giving up a great deal of time and attention to work. But I think you could do delicate embroidery and fancy-work, for you have a keen appreciation of all beautiful and harmonious things. If you have a small garden I should advise you to turn your attention to this, particularly in the summer, and if you specialise in some particular flower, might sell the same either locally or otherwise. I think you might make a little pin-money thereby.

MACBETH.—This handwriting shows a refined and cultured nature. You have keen perception, and should be a good judge of character. You have good linguistic powers, and a fluency of expression is revealed by the easy style of writing. You are kindly natured, and very frank and candid. A great love of harmony is shown. You would be careful and accurate in your work; very ardent in temperament, and at times inclined to a little irritability. The will is firm, but not aggressive. You are cheerful and hopeful, and have the happy gift of being able to look on the bright side of things. The signature shows simplicity of tastes, clearness of ideas, intuition, and a refined nature.

VIRGINIAN.—This handwriting shows extreme self-reliance and a decided will. You are highly honourable, and would never rush into any undertaking without good consideration. You are very original, and would never do or say anything in a conventional manner unless obliged. You have much personal pride, and like to stand well with your friends at all times, but are of a kindly and truthful disposition. You are decidedly artistic, and a lover of the beautiful. Constancy and power of attachment are shown by the decided line beneath your signature.

PEARL.—This specimen shows good powers of intuition, and a kindly nature. The will-power is not as strong as it might be, and this at times is apt to cause inability to make up your mind. You are easy going and good-tempered, but have withal a certain amount of caution. You are versatile, and do not find it difficult to turn your hand to various things. You are attracted by all beautiful things, and dislike vulgar show and display. You are prudent, but do not pay sufficient attention to details at times.

NELLIE.—Tactfulness and self-reliance are shown by this specimen. You are very careful and accurate in all details. You have a high sense of honour, and are very truthful. You are very intuitive, and have the happy knack of saying the right thing at the right time; but are very reticent over private affairs, and dislike gossip of any kind. The will is not decided enough, and I think this would make it difficult for you to "make an effort" sometimes. You are totally devoid of affectation, and the simple signature shows much refinement and quiet tastes.

Owing to pressure of space some answers have to be held over for next month.

COUPONS.

Correspondents seeking advice on "Dress," "Health and Beauty," "Employments," &c., must enclose in their letters one or more (according to queries) of the following coupons cut from the current number:—

EMPLOYMENTS.
OCTOBER, 1908.

DRESS AND HAIRDRESSING.
OCTOBER, 1908.

HEALTH AND BEAUTY.
OCTOBER, 1908.

GRAPHOLOGY.
OCTOBER, 1903.

ETIQUETTE.
OCTOBER, 1908.

COOKERY & HOUSE MANAGEMENT.
OCTOBER, 1908.

"Your journal is indeed a great help to me. . . . I have to rely on a good book."—Miss D. B. (Newcastle-on-Tyne).

OUR FREE BARGAIN COLUMNS.

Advertisements must reach the office of "Myra's Journal," 10, Fetter Lane, London, before the 1st of each month.

RULES.

1. *A PRIVATE ADVERTISEMENT OF TWELVE WORDS IS INSERTED FREE OF CHARGE. 3d. will be charged for every extra six words or portion of six words.*

2. *It is indispensable that the FREE BARGAIN COUPON should be cut from this paper and enclosed with each advertisement.*

3. *No responsibility is taken by us with regard to any sales or exchanges arranged, or to any remittances forwarded, nor can we interfere in any differences that may arise between parties to a bargain.*

4. *Payment of carriage for articles on sale or approval must be arranged between themselves by the parties.*

5. THE REPLY TO A NUMBERED ADVERTISEMENT MUST BE CONTAINED IN A BLANK STAMPED ENVELOPE, WHICH MUST BE FASTENED, AND HAVE THE DISTINGUISHING NUMBER OF THE ADVERTISEMENT CLEARLY WRITTEN UPON THE TOP RIGHT HAND.

This reply (or any number of them) must be enclosed in another stamped envelope, directed to the Editor, Free Bargain Columns, MYRA'S JOURNAL, *10 and 11, Fetter Lane, E.C., who will add the right name and address, and post it, and thus bring buyer and seller into communication.*

Advertisements must reach the office of this paper before the 1st of the month preceding date of issue.

Free Bargains Coupon.

Myra's Journal, October, 1908.

DRESS AND MILLINERY.

ROYAL NAVY SERGE, direct from Portsmouth, as supplied to the Royal Navy; most satisfactory for ladies costumes and hard wear; navy, cream, and black only, 1s. 6½d., 1s. 11½d. yard; patterns free.—Smith, Warehouseman, 128A, Albert Road, Portsmouth.

MILLINERY, BLOUSES, SKIRTS, made or renovated; stylish; moderate.—26, Homecroft Road, Sydenham.

SKIRTS, Navy or Black, to measure, 5s. 6d.—Pinchback, 53, Guildford Road, Greenwich.

SKIRTS AND BLOUSES for sale.—Fillicette, 18, Barrowhill Road, St. John's Wood.

MILLINERY LESSONS; personal instruction; moderate terms; prospectus free.—W., 57, Upper Gloucester Place, Dorset Square, W.

DRESSMAKER. Town, country, at ladies' houses. Cut, fit, renovations.—Miss Woolcott, 109, Queen Street Buildings, Edgware Road, W.

ARTISTIC MILLINERY. — Smith and Everest, 3, Cancell Road, Brixton.

EMBROIDERED BLOUSES from 6s. 11d.—Miss Hammond, 20, Mount Pleasant, W.C.

LADIES SEVEN-GORE SKIRTS, navy or black, any size, 6s. 6d., postage 6d.—Gooch, 71, Hewitt Avenue, Wood Green.

OPERA CLOAKS, PARTY DRESSES, worn few times.—Violet, 71, Oakfield Road, Anerley.

NEEDLEWORK, DRESSMAKERS, &c.

Madame Léonie, PARISIENNE DRESSMAKER, 120, Talbot Road, Bayswater. Ladies' materials. Charges moderate.

Millicent Wright, 45, Artesian Road, Westbourne Grove, W., LADIES' MATERIALS. Moderate.

DRESSMAKER, daily: dresses, blouses, mantles, renovations.—Bates, 57, Ranelagh Road, South Belgravia, S.W.

DRESSMAKER, Daily, or at home. Experienced. — Miss Connery, 14, Kay Road, Stockwell, S.W.

Joan Comerford, DRESSMAKER. Perfect fit; terms moderate.—220, Dalling Road, Shepherd's Bush.

Wanted parcel of BABY'S LONG CLOTHES, good condition.—M, 487, Fulham Palace Road.

Mrs. Harlow, GOOD DRESSMAKER; ladies' houses - 232, Ashmore Road, Maida Hill, W.

Madame White. ARTISTIC BLOUSES, DAY and EVENING GOWNS, renovations, good fit.—299, King's Road, Chelsea. S.W.

DRESSMAKER, terms 2s. daily.—Jessie Andrews, 42, Alma Square, St. John's Wood.

HOME DRESSCUTTING AND MAKING TAUGHT; experienced teacher; practical dressmaker. Tailors' or Guerre system.—D., 120, Seymour Road, Harringay.

CERTIFICATED TEACHER OF DRESSMAKING. Guerre system.—F., 69, Rhyl Street, N.W.

DRESSMAKING and RENOVATIONS at ladies' houses or at home.—Mrs. McCarthy, D108, Queen Street Buildings, Edgware Road, W.

BLOUSES. — Ladies' materials; perfect fit and finish; exceptional testimonials for promptness and reasonable charges.—Madame Course, Rushden.

BLOUSES stylishly made from 2s. 6d. Ladies materials.—Miss Paulina, 129, Marlow Road, Anerley, S.E.

DRESSMAKER, any style; clever renovator; ladies' house or home.—36, Ambler Road, Finsbury Park, N.

DRESSMAKER, daily or at home; coats, blouses, renovations, &c.—Mrs. Goddard, 35, May Street, West Kensington.

ART NEEDLEWORK. Private lessons given (10s. 6d. a term, 1s. 6d. single lessons). Ladies' work commenced for example, or completed. Moderate charges.—Miss Shields, 11, St. Marks Crescent, Regent's Park, N.W.

Mrs. Goddard, DRESSMAKER. Perfect fit and style.—150, Revelstoke Road, Southfields.

COSTUMES, DRESSES, any style and size, made to fit, 25s. complete; BLOUSES from 2s. 11d.; dainty underwear, &c.—25, Mysore Road, Lavender Hill, S.W.

DRESSMAKER, daily, at ladies residences. Coats, blouses, renovations, &c. Mrs Goddard, 35, May Street, West Kensington.

Mrs. Drake, Artistic BLOUSE MAKER and MILLINER. Ladies own material. 66, Richmond Road, Bayswater.

DRESSMAKER, at ladies' house or at home.—Miss Pees, 7, Evandale Road, Brixton, S.W.

JEWELLERY.

Handsome gold-mounted AMETHYST NECKLACE, £6 10s., cost over double; other articles equally cheap.—Williams, 69 Ringmer Avenue Fulham.

Ladies' short SILVER ALBERT. Stamped. Exchange. M3698

ANTIQUES, BOOKS, MUSIC, FOREIGN STAMPS, PHOTOGRAPHY, &c.

MUSIC neatly and strongly bound in limp covers, 9d. to 1s. M3731

EXCHANGE POSTCARDS. Exterior English churches only wanted.—Brooks, 6, Norwich Street, Cambridge.

STAMPS.—100 different. Official. Morocco, Trinidad, Barbadoes, Labuan, Nyassa, North Borneo. 1s. free.—Bowen, 44, Wellington Place, Belfast.

PHOTO CABINETS, 3 for 1s. 3d.; PHOTO POSTCARDS, 6 for 1s. 3d.; all official size; send photo. — Sigsworth, Harbottle, St. Byker, Newcastle-on-Tyne.

MISCELLANEOUS.

INDIGESTION RELIEVED; simple recipe; very effective. Enclose P.O. 1s., stamped envelope. M3733

CORSETS (French or English) made to order; neatly repaired. Ladies supporting belts. Moderate charges.—Corsetière, 168, Church Street, Kensington, W.

MANICURE AND FACE MASSAGE.—Ladies visited. Lessons given.—Christine, 172, Broadway, Bexley Heath.

CHARACTER SUCCESSFULLY DELINEATED from photograph, 7d.; envelope.—Mrs. Rigby, Scrawton Rectory, Bedale.

Parcel.—Trimmed HAT, 2s. 6d.; short SKIRT, 3s.; BELTS, 1s. 6d.; four BLOUSES, 2s. M3732

LADIES' COMBINGS mounted into tails, 1s. per oz.; puffs, frames, fringes, &c.—Miss Rose, 2, Blackburn Road, Hampstead.

KNITTING MACHINES; perfect working order; nearly new; sell about half-cost price. M3734

DRESSMAKERS.

The Name and Address of any Dressmaker will be inserted free in this column provided the advertiser furnishes us with a Coupon for each announcement *each month*, and she states under which column she wishes her name to appear. *Please write distinctly.*

DRESSMAKERS' COUPON. OCTOBER, 1908.

LATEST TIME for ADVERTISEMENTS 1st of EACH MONTH.

DRESSMAKING AT LADIES' HOUSES—

Miss J. Andrews, 42, Alma Square, St. John's Wood, N.W.
Miss E. Baker, 143, Station Road, Forest Gate, Essex.
Miss Bates, 57, Ranelagh Road, South Belgravia, S.W.
Mrs. Coles, 173, Northcote Road, Clapham Junction, S.W.
Miss Connery, 14, Kay Road, Stockwell, S.W.
Miss Coward, 82, Camden Road, N.W.
Miss Ellison, 97, Cathles Road, Balham Hill, S.W.
Mrs. England, 440, Edgware Road, W.
Mrs. Goddard, 35, May Street, West Kensington.
Miss Hadfield, 69, Alexander Road, Upper Holloway, N.
Mrs. Harlow, 232, Ashmore Road, Maida Hill, W.
Miss R. Harvey, 329, Goldhawk Road, Hammersmith, W.
Mrs. James, 56, Southlands Road, Bromley Common, Kent.
Miss Louise, 168, Church Street, Kensington, W.
Miss Murphy, 54, Goodrich Road, East Dulwich, S.E.
Miss Norman, 2, Pownall Road, Fulham, S.W.
A. and A. Pinchback, 53, Guildford Road, Greenwich, S.E.
Miss E. Robinson, 69, St. Thomas Road, Finsbury Park, N.
Miss Smith, 3, Pakeman Street, Holloway, N.
Miss L. Steward, 27, Bradgate Road, Catford.
Miss M. Troubridge, 56, Upham Park Road, Chiswick.
Miss Woolcott, 109, Queen Street Buildings, Edgware Road, W.

LADIES' OWN MATERIALS MADE UP—

Miss Ambler, 85, Westbourne Park Villas, Bayswater, W.
Madame Eugenié Baroux, 39, Arthur Road, Tollington Road, N.
Madame Clare, 1, New Quebec Street, Marble Arch, W.
Miss Clinch, 18, Barrow Hill Road, St. John's Wood, N.W.
Miss Joan J. Comerford, 220, Dalling Road, Shepherd's Bush, W.
Miss Davies, 120, Seymour Road, Harringay, N.
Miss Ellison, 97, Cathles Road, Balham Hill, S.W.
Mrs. England, 440, Edgware Road, W.
Miss Hauxwell, 16, Portland Gardens, Harringay, N.
Miss Maud Lee, 89, Warwick Street, Belgravia, S.W.
Madame Léonie, 120, Talbot Road, Bayswater, W.
Madam Marion, 26, Homecroft Road, Sydenham, S.E.
Laura Norman, 2, Pownall Road, Fulham, S.W.
R. J. Pugh, Gilwern, near Abergavenny, Mon.
Nellie Siegfried, 90, Dawes Road, Fulham, S.W.
Miss E. Simeon, 37, Tavistock Road, Westbourne Park, W.
Nina Swancott, 15, Delamere Cres., Westbourne Sq., Paddington, W.
Mrs. Wheeler, 13, St. John's Road, Stamford Hill, N.
Millicent Wright, 45, Artesian Road, Westbourne Grove, W.

LADIES' AND CHILDREN'S MILLINERY—

Miss Drake, 122, Great Western Road, Bayswater.
Mrs. Dye, 31, Queen's Road, Peckham, S.E.
Emilie, 185, Westbourne Grove, W.
Mrs. J. Etherton, 137, Northcote Road, Clapham Junction.
Watson Lewis, 17, Edgware Road, Marble Arch, W.
Madam Marion, 26, Homecroft Road, Sydenham, S.E.
Mrs. Markham, 1, Hazlitt Road, West Kensington.
Miss A. White, 299, King's Road, Chelsea, S.W.
Miss Whitehouse, 57, Upper Gloucester Place, Dorset Square, W.

LADIES' SHIRTS—

Madame Maree, Aldbourne, R.S.O., Swindon, Wilts.
Mrs. C. Petty, 29, Alberta Street, Kennington Park Road, S.E.
Miss Ramage, 25, Mysore Road, Lavender Hill, S.W.

PILLOW LACE MAKER—

Mr. Hy. Armstrong, Stoke Goldington, Newport Pagnell, Bucks.
Miss Kent-Johnson, Sharnbrook, Beds.
Mrs. A. Stewart, 29, Markham Street, Chelsea, S.W.

CORSETIERE—

Miss A. Caudell, 6, St. Julian's Road, Kilburn.
Mme. Gardiner, 28, Sussex Place, Onslow Gardens, South Kensington.
Hélène, 1, Harley Street, Bridge Road, Battersea, S.W.
Miss B. Sargent, 21, St. James's Road, Hastings.
Madame Marie Steer, 189, Prince of Wales Rd., Haverstock Hill, N.W.

FURS RENOVATED—

Miss Annie Blanch, 299, King's Road, Chelsea, S.W.
Mrs. Lindfield, 17, Powis Road, Brighton.
Mrs. L. Palmer, 155, Hartfield Road, Wimbledon, S.W.
Mrs. Annie Roadknight, 24, Powis Square, Brighton.
Millicent Wright, 45, Artesian Road, Westbourne Grove, W.

All Coupons must be received by the 1st of each month preceding date of issue.

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"LOUIS"

VELVETEEN IS GENUINE WHEN STAMPED L-O-U-I-S

For its rich, handsome appearance, lovely artistic draperies, and sterling good wearing qualities, we recommend for seasonable and fashionable Outdoor Dresses, Dinner and Reception Gowns, Tea Gowns, Children's Dresses, and all Trimming purposes, &c., at a very moderate cost.

The New Colours and Art Shades are unequalled for variety, brilliancy, and depth of tone, while the lustrous bloom, and soft, rich texture of the Blue-Black has altogether the appearance of a beautiful Silk Velvet.

Ladies experiencing difficulty in obtaining "LOUIS" Velveteen are requested to write to the Manufacturer, 57, Newton Street, Piccadilly, Manchester, who will furnish the address of the nearest Draper supplying it.

"VELVETEEN"

The L-O-U-I-S is MATCHLESS & INIMITABLE

NOTE WELL.—Every yard of the Genuine bears the name spelled "L-O-U-I-S," and is guaranteed.

YOUR

SOILED BLOUSE

Cleaned for 1/3

WE RETURN IT TO YOU DRY CLEANED, LOOKING LIKE NEW.

Dresses Dry Cleaned for 4/-.

Send for Price List of other Articles at equally Low Prices.

CLARK & CO., 9, Hallcroft Road, RETFORD.

Two most Beautiful Natural Perfumes

"ZENOBIA"

SWEET PEA BLOSSOM

2/6, 3/6, 5/- and 10/6 Per Bottle.

AND "ZENOBIA"

LILY OF THE VALLEY

(NATURAL)

2/-, 3/6, 6/-, and 10/6 Per Bottle.

A Bijou sample bottle sent Post Free for 6d.

Each the PERFECT FRAGRANCE OF THE FLOWER SUPPLIED TO HER MAJESTY THE QUEEN.

Made also in Soap, Sachets and Toilet Powders

Sold by leading Chemists, Stores and Perfumers. Samples and Illustrated Booklet sent Free on receipt of 1d. stamp for postage, mentioning this paper to:—

ZENOBIA LABORATORIES, LOUGHBOROUGH.

"Regd. BEETHAM'S Larola"

NO MORE ROUGH HANDS.

SOFT WHITE SKIN.

IS UNEQUALLED FOR PRESERVING

THE SKIN & COMPLEXION

FROM THE EFFECTS OF

THE SUN, WINDS, AND HARD WATER.

IT REMOVES AND PREVENTS ALL

ROUGHNESS, REDNESS, IRRITATION, TAN, &c.,

AND KEEPS THE SKIN DELICATELY

SOFT, SMOOTH, AND WHITE

AT ALL SEASONS.

If used after Cycling, Motoring, Golfing, Tennis, &c., it will be found DELIGHTFULLY SOOTHING AND REFRESHING.

Bottles, 1/-, 1/9, and 2/6, of all Chemists and Stores M. Beetham & Son, Cheltenham.

Ask your Draper to show you

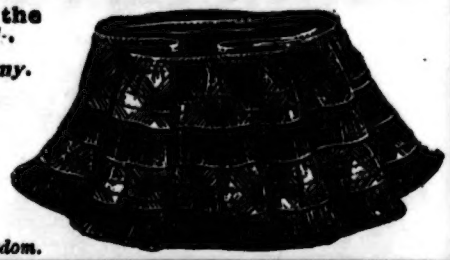
"THE RĒCO" Regd. Detachable

SKIRT FLOUNCES

Made in 20 different shades, the Prices ranging from 1/6 to 20/-.

Combines Smartness and Economy.

To use several Flounces with one Skirt is much cheaper than buying a new Skirt when the Flounce is shabby. It is also a great advantage to be able to change the Flounce to suit the colour and kind of dress worn.



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London Road & Stafford Street,
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At all Drapers throughout the United Kingdom.

"Oldest & Best."

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Campbells

SAVE BUYING BY DYEING

DRESSES and COSTUMES the darker shades now fashionable. Furs and Fur-lined Garments cleaned and remodelled. Feathers, Gloves, Hats, Gent's Suits and Overcoats, &c., also Curtains and other Furnishings Cleaned and Dyed.

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